

Cuban Conga

Count: 0

Wand: 1

Ebene: Improver contra dance

Choreograf/in: Rob Fowler (ES)

Musik: Cuban Pete - Glenn Rogers



Sequence: ABAC ABAC ABAC

PART A

ROCK, RECOVER, SIDE SHUFFLE TWICE

- 1-2 Rock left over right, recover (clap left hand with person opposite)
- 3&4 Left to the left, right next to left, left to left
- 5-6 Rock right over left, recover, (clap right hand with person opposite)
- 7&8 Step right to the right, left next to right, step right to right

STEP PIVOT ½ TURN, LEFT SHUFFLE FORWARD &, ROCK AND LEFT COASTER STEP

- 1-2 Step forward left, make ½ turn right, weight forward onto right
- 3&4 Step left forward, step right next to left, step left forward
- &5-6 Step right next to left, step forward left, rock back onto right
- 7&8 Step left back, step right next to left, step left forward

PART B

ROCK, RECOVER, SIDE SHUFFLE TWICE

- 1-2 Rock right over left, recover (clap right hand with person opposite)
- 3&4 Step right to the right, left next to right, step right to the right
- 5-6 Rock left over right, recover, (clap left hand with person opposite)
- 7&8 Step left to the left, right next to left, step left to left

STEP PIVOT ½ TURN, RIGHT SHUFFLE FORWARD &, ROCK AND RIGHT COASTER STEP

- 1-2 Step forward right, make ½ turn left, weight forward onto left
- 3&4 Step right forward, step left next to right, step right forward
- &5-6 Step left next to right, step forward right, rock back onto left
- 7&8 Step right back, step left next to right, step right forward

SIDE ROCK, CROSS SHUFFLES TWICE

- 1-2 Rock left to left side, recover on right
- 3&4 Cross left over right, step right to right side and cross left across right
- 5-6 Rock right to right side, recover weight onto left
- 7&8 Cross right over left, step left to left side, and cross right over left

ROCK STEP ½ TURNING SHUFFLE, ROCK AND COASTER

- 1-2 Rock forward onto left, recover weight onto right
- 3&4 Step left ¼ turn to left, step right next to left, step left ¼ turn to left
- 5-6 Rock forward onto right, recover weight onto left
- 7&8 Step back on right, step left next to right step forward on right

SIDE ROCK, CROSS SHUFFLES TWICE

- 1-2 Rock left to left side, recover on right
- 3&4 Cross left over right, step right to right side and cross left across right
- 5-6 Rock right to right side, recover weight onto left
- 7&8 Cross right over left, step left to left side, and cross right over left

ROCK STEP ½ TURNING SHUFFLE, ROCK AND COASTER

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|-----|---|
| 1-2 | Rock forward onto left, recover weight onto right |
| 3&4 | Step left ¼ turn to left, step right next to left, step left ¼ turn to left |
| 5-6 | Rock forward onto right, recover weight onto left |
| 7&8 | Step back on right, step left next to right step forward on right |

PART C

"Like the birdie dance" walk round in a circle holding the hand of the person opposite

WALKING TO THE RIGHT

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|-------|--|
| 1-4 | Walk right, left right, kick left to left side |
| 5-8 | Walk left, right, left, kick right to right side |
| 9-12 | Walk right, left right, kick left to left side |
| 13-16 | Left shuffle forward, ½ turn shuffle right |

WALK TO THE LEFT

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|-------|---|
| 1-4 | Walk left, right, left, kick right to right side |
| 5-8 | Walk right, left right, kick left to left side |
| 9-12 | Walk left, right, left, kick right to right side |
| 13-16 | Right shuffle forward, left shuffle back (turning into center to face partner - ready to start again) |
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