Dance To The Music



Count: 32 Wand: 4 Ebene: Intermediate

Choreograf/in: Robbie Halvorson (USA)

Musik: Dance to the Music - Sly & The Family Stone



STEP, KNEE, COASTER STEP, HIP WALK FORWARD RIGHT AND LEFT

1-2	Step forward with right foot, lift left knee forward so that left foot is at the inside of right knee

3&4 Step back with left, step together with right, step forward with left

Place right foot forward bump hips right, hips return to center, bump hips right shifting weight

to right foot

7&8 Place left foot forward bump hips left, hips return to center, bump hips left shifting weight to

left foot

MAMBO STEP 1/2 TURN RIGHT, RIGHT CROSS, SIDE, SAILOR STEP

1&2	Rock right to right side	rock weight onto left foot making	g ½ turn right, step right beside left

3&4 Rock left to left side, rock weight to right in place, step left beside right

5-6 Cross step right over left, step left to left side

7&8 Cross right behind left, step left to left side, step right to place

CROSS, SIDE, BEHIND, & HEEL JACK, SCUFF, CROSS & CROSS, 1/4 TURN RIGHT

1-2 Cross left over right, step right to right side

3&4 Cross left behind right, step right to right side and slightly back, touch left heel diagonally

forward left

&5 Step left back to place, scuff right heel next to left

6&7 Cross right over left, step left to left side, cross right over left

Step left slightly to left side, make a ¼ right by steeping on right, step left forward

WALK FORWARD RIGHT, KICK BALL CHANGE, ROCK STEP, TRIPLE 1/2 TURN LEFT

2 Step right foot forward

3&4 Kick left forward, step left beside right, step onto right in place

5-6 Rock forward on left, rock back on right

7&8 Triple step ½ turn left, stepping - left, right, left

REPEAT