Crest Of A Wave



Count: 64 Wand: 4 Ebene: Intermediate

Choreograf/in: Caz Mawby (UK) & Tina Argyle (UK)

Musik: Livin' Thing - The Beautiful South



HEEL SWITCHES, HOLD TWICE

1&2	Touch right heel forward, place right at side of left, touch left heel forward
&3-4	Place left at side of right, touch right heel forward, hold
0.500	

&5&6 Place right at side of left, touch left heel forward, place left at side of right &7-8 Touch right heel forward, place right at side of left, touch left heel forward, hold

ROCK FORWARD, SAILOR ½ TURN RIGHT, DIAGONAL STEP, TOUCH TWICE LEFT THEN RIGHT

&9-10	Step left at side of right, rock forward, onto right, recover weight onto left
11&12	Cross right behind, make ½ turn right stepping left to left side, step right in place
13-14	Step left to left diagonal, touch right at side of left
15-16	Step right to right diagonal, touch left at side of right

1 1/4 TURN LEFT, TOUCH, KICK BALL CROSS TWICE TRAVELING RIGHT

17-18	Step forward, left making ¼ turn left, step back right making ½ turning left
19-20	Step forward, left making ½ turn left, step forward, touch right at side of left
21&22	Kick right to right diagonal, step right at side of left, cross left over right
23&24	Kick right to right diagonal, step right at side of left, cross left over right

RIGHT SIDE ROCK, BEHIND, SIDE CROSS, SIDE, HOLD, STEP TOGETHER, 1/4 TURN, SCUFF

25-26	Rock right to right side, recover weight onto left
27&28	Cross right behind left, step left to left side, cross right over left
29-30	Step left to left side, hold
&31-32	Step right at side of left, ¼ turn left stepping forward, left, scuff right at side of left

SIDE, BEHIND & CROSS, SIDE, BEHIND, SIDE CROSS, SIDE ROCK RECOVER

33-34	Step right to right side, cross left behind right
&35-36	Step right to right side, cross left over right, step right to right side
37&38	Cross left behind right, step right to right side, cross left over right
39-40	Rock right to right side, recover weight onto left

SAILOR ½ TURN RIGHT, STEP ½ PIVOT TURN, ROCK FORWARD, RECOVER, ¼ TURN LEFT, TOUCH

41&42	Cross right behind, make ½ turn right stepping left to left side, step right in place
43-44	Step forward, left, ½ pivot turn right
45-46	Rock forward, left, recover weight onto right
47-48	1/4 Turn left making large step to left side, slide right toe towards left, touch at side of left
Restart happens here on walls 2 & 4 only	

TURNING TOE STRUTS, LEFT KICK BALL CHANGE

59&60

49-50	Touch right toe to right side, drop right heel taking weight
51-52	Making ½ turn over right shoulder touch left toe to left side, drop left heel taking weight
53-54	Making ½ turn over right shoulder touch right toe to right side, drop heel taking weight
55&56	Kick left forward, step left at side of right, step left in place

ROCK FORWARD, RECOVER, $\frac{1}{2}$ SHUFFLE TURN LEFT, STEP $\frac{1}{2}$ PIVOT TURN 2 X WALK FORWARD, (OPTIONAL FULL TURN)

Making ½ turn left stepping forward, left, close right at side of left, step forward, left

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57-58	Rock forward, onto left, recover weight onto right	

61-62 Step forward, right, ½ pivot turn left

Step forward right, step forward left, (or full turn over 2 counts turning over left shoulder,)

REPEAT

RESTART

Restart after count 48 on walls 2 and 4