Come On Eileen



Count: 0 Wand: 0 Ebene:

Choreograf/in: Ralf O.K. (IRE)

Musik: Come On Eileen - Dexys Midnight Runners



Sequence: INTRO, INTRO, AA, BB, TAG 1, B, TAG 2, BB, TAG 1, AAA, CC, D, AAAAAA

INTRO

RIGHT-HEEL & LEFT-TOE, LEFT-HEEL & RIGHT-TOE, CHASSE RIGHT, 1/4 TURN-LEFT ROCK BACK LEFT, RECOVER

1&2	Tap heel of right-foot forward, step right-foot back in place, tap toes of left-foot in place
3&4	Tap heel of left-foot forward, step left-foot back in place, tap toes of right-foot in place
E00	

Step right-foot to the right, step left-foot next to right-foot, step right-foot right

7-8 Rock back left-foot crossing behind right-foot, while doing a ¼ turn to the left, recover weight

back on your right-foot

LEFT-HEEL & RIGHT-TOE, RIGHT-HEEL & LEFT-TOE, CHASSE LEFT, 1/4 TURN-RIGHT ROCK BACK RIGHT, RECOVER

1&2	Tap heel of left-foot forward, step left-foot back in place, tap toes of right-foot in place
3&4	Tap heel of right-foot forward, step right-foot back in place, tap toes of left-foot in place
5&6	Step left-foot to the left, step right-foot next to left-foot, step left-foot left
7-8	Rock back right-foot crossing behind left-foot, while doing a ¼ turn to the right, recover

weight back on your left-foot

PART A

MAMBO-CROSS RIGHT, MAMBO-CROSS LEFT, PIVOT ½, BACK-SHUFFLE RIGHT-LEFT-RIGHT

1&2	Rock right-foot right, recover weight back on your left-foot, cross right-foot in front of left-foot
3&4	Rock left-foot left, recover weight back on your right-foot, cross left-foot in front of right-foot
5-6	Step right-foot forward, turn $\frac{1}{2}$ to the left on balls of both feet, ending up with weight on your left-foot

7&8 Step right-foot back, step left-foot back in front of right-foot, step right-foot back

ROCK BACK LEFT, RECOVER, FULL TURN LEFT STEP LEFT, RIGHT, ROCK FORWARD LEFT, COASTER

1-2	Rock back on left-foot, recover weight back on right-foot
3-4	Step forward with left-foot, beginning a full turn to the left, step forward with right-foot ending the turn
5-6	Step forward with left-foot, recover weight back on right-foot
7&8	Step back on left-foot, step back on right-foot, step forward on left-foot

PART B

SIDE-ROCK RIGHT, RECOVER, SAILOR-STEP, LEFT-CROSS ROCK BACK, RECOVER, SCISSORS

1-2	Step right-toot right, recover weight back on left-toot
3&4	Cross right-foot behind left-foot, step left-foot left, step right foot right
5-6	Cross-rock left-foot behind right-foot, recover weight back on right-foot
7&8	Step left-foot left, step right-foot next to left-foot, cross left-foot in front of right-foot

SHUFFLE FORWARD RIGHT-LEFT-RIGHT, PIVOT ½, SHUFFLE FORWARD LEFT-RIGHT-LEFT, PIVOT ½

011011 EE 1 014474140 1410111-LE1 1-1410111, 1 14101 72, 011011 EE 1 014474140 EE1 1-1410111-EE1 1, 1 14101 72	
1&2	Step right-foot forward, step left-foot forward behind right-foot, step right-foot forward
3-4	Step left-foot forward, turn $\frac{1}{2}$ to the right on balls of both feet, ending up with weight on right-
	foot
5&6	Step left-foot forward, step right-foot forward behind left-foot, step left-foot forward

foot 1/4 HEEL-GRIND ON RIGHT-HEEL, COASTER, 1/4 HEEL-GRIND ON LEFT-HEEL, HAT-DANCE 1-2 Step forward on heel of right-foot lift left-foot turn 1/4 turn to the right, end turn with weight on left-foot stepping down behind right-foot 3&4 Step right-foot back, step left-foot back, step right-foot forward 5-6 Step forward on heel of left-foot lift right-foot turn 1/4 turn to the right, end turn with weight on right-foot stepping down behind left-foot 7&8 Step left-foot next to right-foot, tap heel of right-foot forward, step right-foot back in place, tap heel of left-foot forward SHUFFLE FORWARD RIGHT-LEFT-RIGHT, PIVOT ½, SHUFFLE FORWARD LEFT-RIGHT-LEFT, PIVOT ½ Step left-foot back in place, step right-foot forward, step left-foot forward behind right-foot, &1&2 step right-foot forward 3-4 Step left-foot forward, turn ½ to the right on balls of both feet, ending up with weight on right-5&6 Step left-foot forward, step right-foot forward behind left-foot, step left-foot forward 7-8 Step right-foot forward, turn ½ to the left on balls of both feet, ending up with weight on leftfoot PART C 3X: RIGHT-KICK-BALL-CHANGE, COASTER, LEFT-KICK-BALL-CHANGE, COASTER; 2X: SHUFFLE FORWARD RIGHT-LEFT-RIGHT, SHUFFLE FORWARD LEFT-RIGHT-LEFT 1&2 Kick right-foot forward, step in place with ball of right-foot, step in place with left-foot 3&4 Step right-foot back, step left-foot back, step right-foot forward 5&6 Kick left-foot forward, step in place with ball of left-foot, step in place with right-foot 7&8 Step left-foot back, step right-foot back, step left-foot forward Repeat 3 times 1&2 Step right-foot forward, step left-foot forward behind right-foot, step right-foot forward 3&4 Step left-foot forward, step right-foot forward behind left-foot, step left-foot forward

Step right-foot forward, step left-foot forward behind right-foot, step right-foot forward Step left-foot forward, step right-foot forward behind left-foot, step left-foot forward

Step right-foot forward, turn ½ to the left on balls of both feet, ending up with weight on left-

PART D

5&6

7&8

7-8

16X RUNNING MAN RIGHT, RUNNING MAN LEFT,

1-2 Step right-foot forward, scoot back on right-foot while lifting left knee

3-4 Step left-foot forward, scoot back on left-foot while lifting right knee repeat 16 times

TAG 1

RIGHT-SIDE ROCK, RECOVER, CROSS, LEFT-SIDE ROCK, RECOVER, CROSS

1-2 Rock right-foot right, recover weight back on left-foot

3 Cross left-foot in front of right-foot

4-5 Rock left-foot left, recover weight back on right-foot

6 Cross left-foot in front of right-foot

TAG 2

MAMBO-CROSS RIGHT, MAMBO-CROSS LEFT, MAMBO-CROSS RIGHT, MAMBO-CROSS LEFT

1&2	Rock right-foot right, recover weight back on your left-foot, cross right-foot in front of left-foot
3&4	Rock left-foot left, recover weight back on your right-foot, cross left-foot in front of right-foot