Coming & Going (P)

Ebene: Partner

Choreograf/in: Pip & Carolann

Count: 32

Musik: Who's Gonna Hold Me - John McCabe

Wand: 0



Position: Start side by side. Man on Left, Lady on Right, holding inside hands. Man's steps shown. Lady's steps are on opposite feet and mirror image, except where stated

MODIFIED RUMBA BOX

- 1-2 Step left to left, close right together
- 3&4 LEFT shuffle forward left-right-left
- 5-6 Step right to right, close left together
- 7&8 RIGHT shuffle backward right-left-right

ROCK STEP, SHUFFLE HALF TURN TWICE, CHANGING HANDS

- 9-10 Step back on left, recover onto right
- 11&12 Forward shuffle left-right-left half turning right
- 13-14 Step back right recover onto left

15&16 Forward shuffle right-left-right half turning left

Keep hold of both hands. Now back to facing LOD. Raise mans left hand, ladies right hand, half turn lady out, to face RLOD

LADY REVERSE STEP PIVOT TURN, KEEP HOLD OF BOTH HANDS, ENDING IN RIGHT HAMMERLOCK (AKA TAMARA, PRETZEL HOLD)

Lady's left arm behind her back Now

FORWARD & REVERSE SHUFFLES, (COMING & GOING)MAN:

- 17-18 MAN: Step back on left, recover onto right LADY: Half turn right under raised hands stepping forward onto right, step left in place. Now facing RLOD
- 19&20 **MAN:** Forward shuffle left-right-left
 - LADY: Backwards shuffle right-left-right
- 21-22 **MAN:** Step forward on right recover onto left
- LADY: Step back onto left recover onto right
- 23&24 MAN: Backward shuffle right-left-right
 - LADY: Forward shuffle left-right-left

LADY STEP PIVOT. BOTH FORWARD SHUFFLE

- 25-26 **MAN:** Step left foot back, recover weight onto right
 - LADY: Step forward onto right, half pivot left
- 27&28 **MAN:** Forward shuffle left-right-left
- LADY: Forward shuffle right-left-right
- Both in LOD

FORWARD LOCK STEP AND SHUFFLE

29-30 Walk forward right left

Alternatively, step forward right and lock left behind right

31&32 Forward shuffle right-left-right

Now back into original starting position

As an alternative, on steps 15&16, use only man's left and lady's right hands

Man take bigger steps to align in front of and facing lady, stay in this position through to step 26 On stops 27828 regain side by side position and change hands

On steps 27&28 regain side by side position and change hands

REPEAT