

Contagious

Count: 40

Wand: 1

Ebene: Improver

Choreograf/in: Marie "Lilli" Malmgren

Musik: Sex Bomb - Tom Jones & Mousse T.



KICK BALL CHANGE, SHUFFLE, PIVOT, COASTER STEP

- 1&2 Right kick ball change
- 3&4 Shuffle forward right, left, right
- 5 Pivot on left
- 6 Half turn right
- 7&8 Coaster step, right back, left to right, right forward

KICK BALL CHANGE, SHUFFLE, PIVOT, COASTER STEP

- 9&10 Left kick ball change
- 11&12 Shuffle forward left, right, left
- 13 Pivot on right
- 14 Half turn left
- 15&16 Left coaster step

SHUFFLE, ROCK STEP, STEP FORWARD, HIP ROLL

- 17&18 Shuffle to the right, right-left-right
- 19-20 Rock step back on left
- 21-24 Step forward on left, hip roll counter clock wise

Put your hands in front of you and let them go along with the roll

SHUFFLE, ROCK STEP, STEP FORWARD, HIP ROLL

- 25&26 Shuffle to the left, left-right-left
- 27-28 Rock step back on right
- 29-32 Step forward on right, hip roll clock wise

Put your hands in front of you and let them go along with the roll

COASTER STEP, CROSS FULL TURN, STEP LEFT, COASTER STEP

- 33&34 Right coaster step
- 35-36 Cross left over right full turn right, facing the same wall again
- 37 Step left foot to left side
- 38 Step right next to left
- 39&40 Left coaster step

REPEAT
