Cooin' & A Wooin'



Count: 32 Wand: 2 **Ebene:** Intermediate

Choreograf/in: Michael Barr (USA)

Musik: Itty Bitty Little Single Solitary Piece Of My Heart - Lari White



CROSS-BALL-CHANGE, CROSS-1/4 LEFT - 1/4 LEFT, 1/4 TURN COASTER, BRUSH-BRUSH-BRUSH

1&2	Cross step left behind right, step ball of right side right, step left side left

Cross step ball of right behind left, step left into ¼ turn left, step right into ¼ left stepping side 3&4

5&6 Turning on ball of right ¼ left step back on ball of left, step ball of right next to left, step left

forward

7&8 Brush right forward, brush right across left shin, touch right toe on left side of left foot

Option: Keeping right toe on the floor, draw a circle crossing over the left foot (7), touch right on left side of left

foot (8)

FORWARD, TOUCH, FORWARD, TOUCH, FORWARD, TOUCH, BACK 1/4 LEFT, TOGETHER

Styling: Place hands on top of thighs, finger facing down, elbows bent out to the sides

1-2	Step right forward, touch left forward
3-4	Step left in place, touch right forward
5-6	Step right in place, touch left forward

7-8 Take big step back on left turning 1/4 left, step right next to left (pop the left knee forward)

KICK-BALL-FORWARD, WALK, WALK, KICK-BALL-FORWARD, TWIST & TWIST 1/4 LEFT

Styling: During the forward steps, bring the hips forward first to add some styling

1&2 Kick left forward, step ball of left next to right, step right forward (small step)

3-4 Walk forward on left, right

5&6 Kick left forward, step ball of left next to right, step right forward (small step)

Swivel heels right, starting a ¼ turn left, swivel heels left, return heels center finishing the ¼ 7&8

turn left (weight right)

KICK-BALL-FORWARD, WALK, WALK, KICK-BALL-FORWARD, TWIST & TWIST 1/4 LEFT

Styling: During the forward steps, bring the hips forward first to add some styling

1&2 Kick left forward, step ball of left next to right, step right forward

3-4 Walk forward on left, right

5&6 Kick left forward, step ball of left next to right, step right forward

7&8 Swivel heels right, starting a ¼ turn left, swivel heels left, return heels center finishing the ¼

turn left (weight right)

REPEAT