Cop Out....

Count: 32

Ebene: Intermediate

Choreograf/in: Charlotte Macari (UK)

Musik: Turn On, Tune In, Cop Out - Freak Power

Wand: 4





RIGHT SIDE STEP, CROSS ROCK, RECOVER, LEFT SHUFFLE WITH ¼ TURN LEFT, RIGHT STEP PIVOT, 1 ½ TURN TRIPLE (TRAVELING FORWARD)

- Step right to right side, cross rock left over right, recover weight on right 1-3
- 4&5 Step left to left side, step right next to left, turn 1/4 left stepping forward on left
- 6-7 Step forward on right, pivot 1/2 turn left
- 8&1 Turn 1 ¹/₂ turns left stepping back on right, forward on left, back on right

Easy option for counts 8&1 - complete ½ turn left instead of 1½, stepping right, left, right

LEFT ROCK BACK, RECOVER, LEFT SHUFFLE FORWARD, TOUCH &, TOUCH & STEP WITH 1/4 LEFT, TWO WALKS FORWARD RIGHT, LEFT

- 2-3 Left back on left, recover weight on right
- 4&5 Shuffle forward left, right, left
- 6& Touch right foot forward (bending right knee, slightly across left leg), step right next to left

7& Touch left foot forward (bending knee), step left next to right as you complete 1/4 turn left

8-1 Walk forward right, left (6:00)

RIGHT ROCK FORWARD, RECOVER, RIGHT SIDE STEP WITH ¼ TURN RIGHT, STEP TOGETHER, THREE SKATES WITH ¼ RIGHT, KICK, HITCH, TOUCH WITH ¼ LEFT

- 2-3 Right rock forward, recover on left
- 4&5 Turn ¼ right stepping right to right side, step left next to right, right skate (9:00)
- 6-7 Left skate, right skate into a 1/4 turn right (12:00)
- 8&1 Small kick forward with left, hitch left next to right turning ¼ left, touch left to left side (9:00)

TWO SAILOR STEPS, CROSS, BEHIND, UNWIND ½ TURN LEFT, CROSS ROCK, RECOVER

- Left sailor step 2&3
- 4&5 Right sailor step
- 6-7 Cross left behind right, unwind ¹/₂ turn left, (weight on left)
- 8& Cross rock right over left, recover weight on left

REPEAT