Chomping At The Bit



Count: 48 Wand: 2 Ebene:

Choreograf/in: Larry Bass (USA)

Musik: If You Just Let Me Into Your Heart - Mary Chapin Carpenter



KICK-BALL-CHANGES, PIVOTS

1 Kick right foot forward

&2 Step on ball of right foot next to left foot, change weight to left foot in place

3&4 Repeat steps 1&2

5-6 Step forward right, pivot ½ turn left on balls of both feet (weight on left foot)

7-8 Repeat step 5-6

RIGHT SIDE SHUFFLE, ROCK STEP, LEFT SIDE SHUFFLE, ROCK STEP

9 Step right foot to right side

&10 Step left foot next to right, step right foot to right side 11-12 Rock back on left foot, rock forward on right foot

13 Step left foot to left side.

&14 Step right foot next to left foot, step left foot to left side

15-16 Rock- back on right foot, rock forward on left

SYNCOPATED STEP-SLIDES FORWARD

17& Step right foot forward & slide ball of left foot up to right foot 18& Step right foot forward & slide ball of left foot up to right foot 19& Step right foot forward & slide ball of left foot up to right foot

20 Step right foot forward (stomp right foot for style)

PIVOT, SHUFFLE STEPS, PIVOT

21-22 Step forward left, pivot ½ turn right on balls of both feet (weight on right foot)

23&24 Shuffle forward left-right-left 25&26 Shuffle forward right-left-right

27-28 Step forward left, pivot ½ turn right on balls of both feet (weight on right foot)

SHUFFLE, PIVOT TURN

29&30 Shuffle forward left-right-left

Pivot on ball of left foot and step right foot back (beginning full turn left)
Pivot on ball of right foot, step left foot forward (completing full turn left)

ROCK STEPS, 1/4 TURNS, SHUFFLES

Rock forward on right foot, rock back on left foot making ¼ turn right

35&36 Shuffle in place right-left-right

37-38 Step forward left, pivot ¼ turn right on balls of both feet (weight to right foot)

39&40 Shuffle in place left-right-left

SYNCOPATED HOPS, CLAPS, OUT-OUT, IN-IN, OUT-OUT, IN-IN

& Step right foot forward

41-42 Step left foot forward (stay on balls of feet), clap hands

& Step right foot back

43-44 Step left foot back (stay on balls of feet), clap hands

&45 Step right foot to right side, step left foot to left side (stay on balls of feet)

&46 Step right foot in (directly under body), stop left foot next to right

&47&48 Repeat steps &45&46