

CCC Shuffle (Triple C Shuffle) (P)

COPPER KNOB
STEPSHEETS

Count: 32

Wand: 0

Ebene: Partner

Choreograf/in: Connie Davignon (USA)

Musik: Here In the Real World - Alan Jackson



Position: Side By Side (Sweetheart) Position

PROGRESSIVE VINE LEFT, PROGRESSIVE VINE RIGHT

- 1-2 Step forward left, cross behind with right
- 3-4 Step forward left, scuff right
- 5-6 Step forward right, cross behind with left
- 7-8 Step forward right, scuff left

4 FORWARD POLKAS

- 9&10 Shuffle forward left, right, left
- 11&12 Shuffle forward right, left, right
- 13&14 Shuffle forward left, right, left
- 15&16 Shuffle forward right, left, right

LEFT HEEL, CROSS, HEEL, STOMP, RIGHT HEEL, CROSS, HEEL STOMP

- 17-18 Touch left heel forward bring left heel to front of right leg
- 19-20 Touch left heel forward, stomp left next to right
- 21-22 Touch right heel forward, bring right heel to front of left leg
- 23-24 Touch right heel forward, stomp right next to left

ROCK FORWARD, ROCK BACK STEP FORWARD, BRUSH

- 25-26 Rock forward on left, rock back on right
- 27-28 Step forward on left, brush right scuff

ROCK FORWARD, ROCK BASIC, STEP FORWARD, BRUSH

- 29-30 Rock forward on right, rock back on left
- 31-32 Step forward on right, brush left scuff

REPEAT

VARIATIONS:

Twirl lady forward on 2nd and 3rd polkas

Or

Lady go round (lady is led around man with his left hand and spun into position on 4th polka)

Or

Half way round the world on 1st and 2nd polkas; man spins lady full turn to left in front of him back into position on 3rd and 4th polkas