# C.D.M.S.

**Count:** 72

Ebene: Intermediate

Choreograf/in: Mike Valliere (USA)

Musik: Country Crazy - Little Texas

This dance was choreographed for the Country Dance Music Seminar, held in Nashville in April, 1996.

#### LEFT KICK-BALL-CHANGE, SAILOR SHUFFLES

- 1&2 Kick right foot forward; step on ball of right; step on left foot
- 3-4 Scuff right foot forward; step on right foot
- 5&6 Cross-step right foot behind left; step left beside right; step right beside left
- 7&8 Cross-step left foot behind right; step right beside left; step left beside right.

# LEFT KICK-BALL-CHANGE, SCUFF, SAILOR SHUFFLES

- 9&10 Kick left foot forward; step on ball of left; step on right
- 11-12 Scuff left foot forward; step on left foot
- 13&14 Cross-step left foot behind right; step right beside left; step left beside right
- 15&16 Cross-step right foot behind left; step left beside right; step right beside left.

# 1/2 TURN, FORWARD & BACKWARD HOPS, HIP BUMPS

- 17-18 Step right foot forward; pivot ½ turn left
- 19-20 With feet together, hop forward; clap
- 21-22 Hop backward; clap
- 23-24 Bump hips right then left.

# **RIGHT & LEFT SIDE SHUFFLES WITH ROCK STEPS**

- 25&26 Step right foot to right side; step left together; step right to right side
- 27-28 Rock-step left foot back; rock forward onto right
- 29&30 Step left foot to left side; step right together; step left to left side
- 31-32 Rock-step right foot back; rock forward onto left.

# SHUFFLE, ½ TURN, SHUFFLE, ¼ TURN

- 33&34 Step right foot forward; step left together; step right foot forward
- 35-36 Step left foot forward; pivot ½ turn right
- 37&38 Step left foot forward; step right together; step left foot forward
- 39-40 Step right foot forward; pivot ¼ turn left.

# HIP-HOPS

- 41-42 With feet together, hop to right side; hop to left side
- 43&44 With feet together, hop to right side three times
- 45-46 With feet together, hop to left side; hop to right side
- 47&48 With feet together, hip to left side three times

# SLEAZY SLIDES

- 49-52 Slide right foot to right side; drag left foot to right for two beats; clap
- 53-56 Slide left foot to left side; drag right foot to left for two beats; clap.

# JUMP, CROSS, PIVOT; JUMP, CROSS, PIVOT

- 57-58 Jump, landing with feet apart; jump, landing with right foot crossed over left
- 59-60 Pivot (unwind) ½ turn left; clap
- 51-62 Jump, landing with feet apart; jump, landing with right foot crossed over left
- 62-64 Pivot (unwind) ½ turn left; clap.





Wand: 4

#### HIP BUMPS, ROCK STEPS

- 65-66 Step right foot forward, diagonally right, bumping hips forward; bump hips
- 67-68 Bump hips forward, then backward
- 69-70 Step right foot back; rock onto left foot
- 71-72 Step right foot forward; rock back onto left.

#### REPEAT