

Can You Keep With Me

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Carina Clarke (UK)

Musik: Can You Keep With Me - Waylander



SYNCOPATED KICKS, JUMP BACK, JUMP IN, WALK FORWARD

- 1& Kick right forward, step right beside left
- 2& Kick left forward, step left beside right
- 3 Kick right forward
- &4 Jump back, right then left, feet ending shoulder width apart
- &5 Jump feet in, right then left
- 6-8 Walk forward, stepping right, left, right(with attitude)

LEFT SAILOR STEP, RIGHT SAILOR STEP, COASTER STEP, STEP ½ PIVOT LEFT

- 9&10 Cross left behind right, step right to right side, step left to place
- 11&12 Cross right behind left, step left to left side, step right to place

Sailor steps move slightly back, allow body to swing with music

- 13&14 Step back left, step right beside left, step left forward
- 15-16 Step forward right, pivot ½ turn left

RIGHT & LEFT HIP BUMPS FORWARD, ROLLING FULL TURN RIGHT WITH TOUCH

- 17&18 Step forward right, bumping hips - right, left, right
- 19&20 Step forward left, bumping hips - left, right, left
- 21 Step right ¼ turn right
- 22 On ball of right make ½ turn right, stepping back left
- 23 On ball of left make ¼ turn right, stepping right to right side
- 24 Touch left beside right

GRAPEVINE LEFT WITH ¼ TURN RIGHT, SHIMMY FORWARD & BACK

- 25&26 Step left to left side, cross right behind left
- 27 Step left to left side
- 28 Make sharp ¼ turn right, touching right toe in place
- 29-30 Shimmy bending forward for two counts
- 21-32 Shimmy back straightening up for two counts(weight ends on left)

REPEAT