Can't Hide



Count: 64 Wand: 2 Ebene: Intermediate

Choreograf/in: Lana Harvey Wilson (USA)

Musik: You Can't Break the Fall - Joe Nichols



SIDE, HOLD, BALL-CHANGE, CROSS ROCK, RECOVER, 1/4 TURN, FORWARD SHUFFLE

1-2	Step right to	riaht hald
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&3-4 Step ball of left next to right, step right to right, cross step left over right

5-6 Step back on right, turning ½ left, step left forward

7&8 Shuffle forward right-left-right

FORWARD, HOLD, TOUCH, CROSS BEHIND, TOUCH, CROSS BEHIND, HIP BUMPS

9-10 Step forward left, hold

Touch right to right, cross step right behind left
 Touch left to left, cross step left behind right
 Step right to right as you bump hips right twice

Option on 16: step right to right, hold - or - right shuffle right-left-right

SIDE SHUFFLE, 1/4 BACK SHUFFLE, 1/4 FORWARD SHUFFLE, FORWARD ROCK, RECOVER

17&18 Shuffle left-right-left to left

Shuffle back right-left-right turning ¼ right
Shuffle forward left-right-left turning ¼ right
Rock forward right, recover back on left

BACK ROCK, HOLD, RECOVER, CLOSE, SLIDE OUT, HOLD, 1/4 TURN CLOSE, HOLD

25-26 Rock back on right on right lifting left heel, hold

27-28 Push off forward on ball of right shifting weight to left and drop left heel, step right next to left

29-30 Slide left toe out to left weight staying on right, hold

31-32 Turn ¼ left on ball of right and slide left next to right taking weight, hold

CROSS, SIDE, BEHIND, SIDE ROCK, RECOVER, BEHIND, SIDE, CROSS

33-36 Cross right over left, step left to left, step right behind left, step left to left rocking weight onto

it

37-40 Recover weight on right, step left behind right, step right to right, step left in front of right

SIDE, CLOSE, FORWARD, HOLD, 1/2 TURN, HOLD, FORWARD SHUFFLE

Step right to right, slide left next to right putting weight on it

43-44 Step forward right, hold

45-46 Turn ½ left on balls of both feet, hold

47&48 Shuffle forward right-left-right

STEP, BRUSH ACROSS, CROSS STRUT, BACK STRUTS

49-50 Step left forward, brush right across left

51-52 Cross right over left stepping down of ball of right, drop right heel taking weight

53-54 Step back on left toe, drop left heel taking weight 55-56 Step back on right toe, drop right heel taking weight

SLOW COASTER, HOLD, HEEL & HEEL, BALL-STEP, STEP

57-60 Step back on left, step right next to left, step left forward, hold

Touch right heel forward, step right next to left Touch left heel forward, step left next to right

Step forward right, step forward left

REPEAT

TAG

After 4th full pattern:

Step right to right, drag left to right for 2 counts, touch left next to right

Step left to left, drag right to left for 2 counts, touch right next to left

OPTIONAL BUT FUN ENDING

Music ends at count 29 of 6th pattern. Leave left toe touching left for 30-31-32. Then slowly slide left behind right over 4 counts and do slow unwind ¾ left to face front again, weight on left and hold.