

Can't Stop

Count: 16

Wand: 4

Ebene: Beginner

Choreograf/in: Rob Fowler (ES)

Musik: Can't Stop My Heart - The Cheap Seats



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|----|---|
| 1 | Kick right foot forward |
| & | Cross right foot in front of left foot |
| 2 | Step left foot back |
| & | Step right foot to right side |
| 3 | Scuff left foot forward |
| 4 | Cross left foot in front of right |
| 5 | Step right foot to right side |
| & | Cross left foot behind right |
| 6 | Step right foot to right side making ¼ turn right |
| & | Pivot ¼ turn right |
| 7 | Step left foot to left side pushing hip left |
| 8 | Push hip right |
| 9 | Kick left foot forward |
| & | Cross left foot in front of right foot |
| 10 | Step right foot back |
| & | Step left foot to left side |
| 11 | Scuff right foot forward |
| 12 | Cross right foot in front of left |
| 13 | Twist heels right turning ¼ left |
| & | Twist heels left |
| 14 | Twist heels right turning ¼ left |
| & | Twist heels left |
| 15 | Twist heels right turning ¼ left |
| & | Twist heels left |
| 16 | Stomp right foot turning left |
| & | Stomp left foot |

REPEAT

When dancing to the recommended song you will have to add 2 counts to the dance at 3 specific times. This is when the singer sings the word "heart" for an extended time. The first is when you have completed steps 7 and 8. You have to extend the count to 9 10 by adding 2 hip bumps the second and final time you have to add the extra steps is when you have executed the steps 16 &.