Canadian Man



Count: 32 Wand: 4 Ebene: Improver

Choreograf/in: EJ Foley (CAN)

Musik: Canadian Man - Paul Brandt



1&2	Shuffle forward, right, left, right
3	Step forward with left, rocking weight onto left
4	Rock weight back onto right
5&6	Stepping back with left, shuffle back, left, right, left
7	Step back with right, rocking weight onto right
8	Rock weight forward onto left
9	Making a ¼ turn left, step to right side with right
10	Touch left toe beside right instep, twisting slightly to left
11	Step forward with left
12	Touch right toe beside left instep, twisting slightly to right
13	Step forward with right
14	Touch left toe beside right instep, twisting slightly to left
15	Step forward with left
16	Touch right toe beside left instep, twisting slightly to right
17&18	Side shuffle to right with right, left, right
17&18 19	Side shuffle to right with right, left, right Twisting to left, step across behind to right with left, shifting weight onto left
19	Twisting to left, step across behind to right with left, shifting weight onto left
19 20	Twisting to left, step across behind to right with left, shifting weight onto left Rock weight back forward onto right
19 20 21&22	Twisting to left, step across behind to right with left, shifting weight onto left Rock weight back forward onto right Side shuffle to left with left, right, left
19 20 21&22 23	Twisting to left, step across behind to right with left, shifting weight onto left Rock weight back forward onto right Side shuffle to left with left, right, left Twisting to right, step across behind to left with right, shifting weight onto right
19 20 21&22 23 24	Twisting to left, step across behind to right with left, shifting weight onto left Rock weight back forward onto right Side shuffle to left with left, right, left Twisting to right, step across behind to left with right, shifting weight onto right Rock weight back forward onto left
19 20 21&22 23 24	Twisting to left, step across behind to right with left, shifting weight onto left Rock weight back forward onto right Side shuffle to left with left, right, left Twisting to right, step across behind to left with right, shifting weight onto right Rock weight back forward onto left Making ¼ turn to left, step to right side with right
19 20 21&22 23 24 25 26	Twisting to left, step across behind to right with left, shifting weight onto left Rock weight back forward onto right Side shuffle to left with left, right, left Twisting to right, step across behind to left with right, shifting weight onto right Rock weight back forward onto left Making ¼ turn to left, step to right side with right Touch left toe beside right instep
19 20 21&22 23 24 25 26 27	Twisting to left, step across behind to right with left, shifting weight onto left Rock weight back forward onto right Side shuffle to left with left, right, left Twisting to right, step across behind to left with right, shifting weight onto right Rock weight back forward onto left Making ¼ turn to left, step to right side with right Touch left toe beside right instep Step to left with left
19 20 21&22 23 24 25 26 27 28	Twisting to left, step across behind to right with left, shifting weight onto left Rock weight back forward onto right Side shuffle to left with left, right, left Twisting to right, step across behind to left with right, shifting weight onto right Rock weight back forward onto left Making ¼ turn to left, step to right side with right Touch left toe beside right instep Step to left with left Slide right beside left
19 20 21&22 23 24 25 26 27 28 29	Twisting to left, step across behind to right with left, shifting weight onto left Rock weight back forward onto right Side shuffle to left with left, right, left Twisting to right, step across behind to left with right, shifting weight onto right Rock weight back forward onto left Making ¼ turn to left, step to right side with right Touch left toe beside right instep Step to left with left Slide right beside left Step to left with left

REPEAT