Bounce Baby (Out The Door!)



Count: 32 Wand: 4 Ebene: Intermediate/Advanced

Choreograf/in: Levi J. Hubbard (USA)

Musik: Bounce - Sarah Connor



SYNCOPATED TOE PUSHES, BOUNCE AROUND (½ TURN RIGHT), SYNCOPATED TOE PUSHES, BOUNCE AROUND (½ TURN RIGHT)

1 Right - push toe slightly forward

&2 Right - slide toe back together, while pushing left toe slightly forward (bending left knee

slightly)

3&4 Keeping weight on left foot, bounce on heels making ½ turn right

5 Right - push toe slightly forward

&6 Right - slide toe back together, while pushing left toe slightly forward (bending left knee

slightly)

7&8 Keeping weight on left foot, bounce on heels making ½ turn right (you will have made a

complete turn right after these 8 counts)

Easy option: if you wish you can just bounce in place without turning or just bump your hips

SYNCOPATED VINE (RIGHT), WITH HEEL JACK & CROSS STEP, SIDE STEP, HEEL TOUCH, CROSS & CROSS

9 Right - step to side

10 Left - cross step behind right foot

&11 Right - jump slightly backward, while touching left heel diagonally forward left

Left - step slightly backward, while stepping right over left foot

13 Left - step slightly to side

14 Right - touch toe diagonally forward right (slightly turn to face on a diagonal)

&15 Right - step slightly backward, while stepping left over right foot

&16 Right - step slightly to side, cross step left over right foot

SIDE STEP, TOUCH, BOUNCE 1/4 TURN (LEFT), WALK FORWARD, SYNCOPATED PUSH TURN (LEFT)

17 Right - step to side18 Left - touch together

Bounce on heels making ¼ turn left (shifting weight to right foot)

21 Left - step forward22 Right - step forward

23 Left - step (rock) forward, slightly lifting right foot off floor

&24 Right - step back in place, while making 1/4 turn left stepping left out to side

SYNCOPATED PUSH-OVER, SIDE STEP & CROSS STEP, SIDE STEP, TOUCH, BOUNCE 1/4 TURN (LEFT), KICK-BACK-TOUCH

25 Right - cross step (rock) in front of left foot, slightly lifting left foot off floor

&26 Left - step back in place, while stepping right foot slightly to side

&27 Left - cross step over right foot, step right out to side

28 Left - touch together

29&30 Bounce on heels making ¼ turn left (keeping weight on right foot)

31 Left - kick slightly forward

Left - step backward, while touching right together (or cross over left)

REPEAT