Bouncin' Back

COPPER KNOE

Count: 32

Wand: 4

Choreograf/in: Bob Peyre-Ferry (USA) & Marlene Peyre-Ferry (USA)

Musik: Bouncin' Back - Janie Fricke

JUMP BACK, CLAP, JUMP BACK, CLAP, HIP BUMPS

- &1-2 Jump back right, left, clap
- &3-4 Jump back right, left, clap
- 5&6 Bump hips right, left, right
- 7&8 Bump hips left, right, left

TOE SWEEP, KICK, BALL, CHANGE, SHUFFLE FORWARD

1-2 Slide right foot forward and start sweep right foot in circle to the right as start ½ turn on left foot

Ebene:

- 3-4 Continue sweep right foot in circle to the right as finish ½ turn on left foot ending with right foot (weight on right foot) next to left foot and clap
- 5&6 Left kick, ball, change
- 7&8 Left shuffle forward

1/4 PIVOT, DOUBLE VINE WITH 1/4 TURN, KICKS

- 1-2 Step right foot forward, pivot ¼ turn left
- 3-4 Cross step right foot behind left foot, step left foot to left
- 5-6 Cross step right foot over left foot, step left foot to left as turn 1/4 turn left
- 7-8 Kick right foot forward 2 times

SHUFFLE, STOMP, KICK, STOMP, KICK, TURNING SHUFFLE

- 1&2 Right shuffle forward
- 3-4 Stomp left foot forward, kick right foot forward as clap
- 5-6 Stomp right foot forward, kick left foot forward as clap
- 7&8 Left shuffle in place turning ¼ turn left

REPEAT

