

# Blue Rock

Count: 40

Wand: 4

Ebene: Improver

Choreograf/in: Cools Stefaan

Musik: Blue Rodeo - The Woolpackers



## HEEL TOUCH FORWARD, TOE TOUCH, SIDE STEP, CROSS HEEL TOUCH, SIDE STEP, STEP

- 1-2 Touch right heel forward, touch right toe next to left
- 3-4 Step right to the right side, touch left heel across left and snap fingers on shoulder height
- 5-6 Step left to the left side, touch right heel across left and snap fingers on shoulder height
- 7-8 Step right to the right side, step left next to right

## SYNCOPATED RIGHT AND LEFT SIDE ROCK STEPS, SYNCOPATED FORWARD AND BACK ROCK STEPS

- 9&10 Rock right to the right, recover on left, step right next to left
- 11&12 Rock left to left side, recover on right, step left next to right
- 13&14 Rock right forward, recover on left, step right next to left
- 15&16 Rock left behind recover on right, step left next to right

## SYNCOPATED ROCK STEPS WITH CROSS STEP, SYNCOPATED ROCK STEP WITH ¼ TURN LEFT AND STEP BEHIND, SYNCOPATED ROCK STEP BEHIND WITH STEP FORWARD, SYNCOPATED ROCK STEP FORWARD WITH STEP

- 17&18 Rock right to right, recover on left, step right behind left
- 19&20 Rock left to the left with ¼ turn left, recover on right, step left back
- 21&22 Rock right back, recover on right, step right forward
- 23&24 Rock left forward, recover on right, step left next to right

## KICK BALL CROSS, SIDE STEP, SHUFFLE WITH ¼ TURN RIGHT, SHUFFLE WITH ½ TURN RIGHT

- 25&26 Kick right forward, step right next to left, step left across right
- 27-28 Step right to right en push right hip to right, push left hip to left
- 29&30 ¼ turn right on left and step right forward, step left next to right, step right forward
- 31&32 ¼ turn right on right and step left to left, step right to left, step right ¼ turn right and step left back

## RIGHT SIDE SHUFFLE, ¼ RIGHT TURN RIGHT WITH SIDE SHUFFLE, ¼ TURN RIGHT WITH RIGHT SIDE SHUFFLE, ¼ TURN RIGHT WITH LEFT SIDE SHUFFLE

- 33&44 Step right to right side, step left to right, step right to right side
- 35&36 Turn ¼ right on right and step left to left side, step right next to left, step left to left side
- 37&38 Turn ¼ right on left and step right to right side, step left next to right, step right to right side
- 39&40 Turn ¼ right on right and step left to left side, step right next to left, step left to left side

On the counts 33 to 40 bend the knees a little bit like the real cowboy does

**REPEAT**