

Benny Dance

Count: 32

Wand: 2

Ebene: Improver line/contra dance

Choreograf/in: Giles Redpath (UK)

Musik: Benny - The Trixters



TOE/HEEL CROSS LEFT AND RIGHT, RIGHT SHUFFLE, LEFT MAMBO

- 1&2 Right toe to left instep, right heel to left instep, cross right over left
- 3&4 Repeat 1&2 with left foot
- 5&6 Right shuffle forward
- 7&8 Left mambo forward

STEP BACK, TOUCH TWICE, RIGHT ½ TURN SHUFFLE, ROCK AND CROSS

- 9 Step back diagonally on right foot
- 10 Touch left next to right
- 11 Step back diagonally on left foot
- 12 Touch right next to left
- 13&14 Right shuffle half turn over right shoulder
- 15&16 Rock left to left side, rock onto right, cross left over right

CROSS TOE, HEEL TO RIGHT X4

- 17& Step right to right side place heel down,
- 18& Repeat 17& with left foot crossing right
- 19&20& Repeat 17&18

Angle body slightly right looking over left shoulder as though running away

STEP BACK RIGHT, SWEEP X3

- 21 Step back on right foot,
- 22 Sweep left from front to behind right foot
- 23 Repeat 22 with right foot
- 24 Repeat 22

RIGHT SHUFFLE, ROCK AND CROSS TWICE

- 25&26 Right shuffle forward,
- 27&28 Rock left to left side, rock onto right, cross left over right
- 29&30 Rock right to right side, rock onto left, cross right over left
- 31&32 Left mambo forward

REPEAT

To dance it contra, start back to back with partner. You will pass on steps 9-12. You will also need to alter 25&26 to a cross shuffle to your left. Counts 27-30 can be used for positioning. Facing couples must be far enough away as not to collide during counts 1-8.