Best Friend



Count: 64 Wand: 1 Ebene: Improver line/contra dance

Choreograf/in: Craig Cooke (UK)

Musik: One Way Ticket - LeAnn Rimes



Dedicated To Tye Kinton

RIGHT KICK BALL CHANGE TWICE, LEFT 1/2 PIVOT TURNS TWICE

1&2	Kick right foot forward, step right besides left, step left in place
3&4	Kick right foot forward, step right besides left, step left in place

5-6 Step forward on right, ½ pivot turn left 7-8 Step forward on right, ½ pivot turn left

RIGHT ROCK TRIPLE FULL TURN, LEFT ROCK TRIPLE FULL TURN

1-2	Rock forward on right,	rock back onto left

3&4 Triple step making full turn stepping right, left, right

5-6 Rock forward on left, rock back onto right

7&8 Triple step making full turn stepping left, right, left

SIDE ROCK, CROSS, STEP, CROSS, SIDE ROCK CROSS, STEP, CROSS

1-2 Rock right out to right side, rock back onto left

3&4 Cross right over left, step left to left side, cross right over left

5-6 Rock left out to left side, rock back onto right

7&8 Cross left over right, step right to right side, cross left over right

ROCK, ROCK, STOMP, STOMP, TWICE

1-2 Rock right out to right side, rock back onto left

3&4 Stomp right next to left, stomp left next to right, stomp right next to left

5-6 Rock left out to left side, rock back onto right

7&8 Stomp left next to right, stomp right next to left, stomp left next to right

STEP 1/2 PIVOT TWICE, JUMP FORWARD, HOLD, CLAP TWICE

1-2 Step forward on right, pivot ½ turn left

3-4 Repeat steps 1-2

&5&6 Jump forward on right and left, hold, clap

&7&8 Repeat steps & 5 & 6

ROCK FORWARD AND BACK, TRIPLE 1/2 TURN, ROCK FORWARD ON LEFT, LEFT COASTER STEP

1-2	Rock forward onto right, rock back on left
3&4	Triple ½ turn stepping right left right

5&6 Rock forward on left, back onto right

7&8 Step back on left, step right besides left, step forward on right

ROTATE HIPS TO THE LEFT 4 TIMES, (OVER 8 COUNTS) EACH ONE TAKES 2 COUNTS

1&2 Rotate hips to the left for 2 beats

3&4 Repeat steps 1&2 5&6 Repeat steps 3&4 7&8 Repeat steps 5&6

RIGHT ROCK FORWARD, RIGHT COASTER STEP, 1/2 PIVOT TURN, STOMP, TOUCH

1-2 Rock forward on right, rock back onto left

3&4 Step back on right, step left besides right, step forward on right

5-6 Step forward on left, pivot ½ turn to right 7&8 Stomp left next to right, touch right next to left

REPEAT

This dance can be danced as a contra-line dance. If used as a contra-line dance then change steps 5-6, 7&8 in section 7 to burn burnps backwards as you will be back to back with your partner. This just adds a little humor and fun to the dance.