Count: 40
Wand: 2
Ebene: Intermediate
Choreograf/in: Adrian Churm (UK)
Musik: Best of Friends - Dave Sheriff


Adapted for solo line dancing from the partner/circle dance "Best Of Friends" by John And Jean Miles
ROCK-STEP, SHUFFLE BACK, ROCK-STEP SHUFFLE FORWARD
1-2 Rock forward onto left foot, rock backward onto right foot
3\&4 Left foot shuffle backward (left, right, left)
5-6 Rock backward onto right foot, rock forward onto left foot
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Right foot shuffle forward (right, left, right)
HALF-TURN, SHUFFLE, HALF-TURN, SHUFFLE
1-2 Step left foot forward \& turn $1 / 2$ right, step right foot in place
3\&4 Left foot shuffle forward (left, right, left)
5-6 Step right foot forward \& turn $1 / 2$ left, step left foot in place
$7 \& 8 \quad$ Right foot shuffle forward (right, left, right)
SWAY-2-3-4, SWAY-2-3-4
1
2-3-4 Sway hips right, left, right
$5 \quad$ Step left foot back \& sway hips left
6-7-8 Sway hips right, left, right
$1 / 4$ TURN LEFT, CROSS STEP, SIDE POINTS, TRIPLE STEPS INPLACE
25-32 Left foot steps forward as you make a $1 / 4$ turn to the left, point right foot to the side
27-28 Right foot steps forward and across left foot, point left foot to the side
29-30 Left foot steps forward and across right foot, point right foot to the side
31-32
Right foot steps forward and across left foot, point left foot to the side
WALK, WALK, SHUFFLE, WALK, WALK, SHUFFLE
33-34 Left foot steps next to right foot, right foot steps in place
35\&36 Left foot steps in place, right foot in place, left foot in place
37-38 Right foot steps in place, left foot in place
39\&40 Right foot steps in place, left foot in place, right in place
REPEAT

