A Better Woman

Ebene: Intermediate

Choreograf/in: Lu Olsen (AUS)

Musik: A Better Woman - Beccy Cole

Wand: 4

RIGHT DOROTHY, LEFT DOROTHY, ROCK FORWARD, BACK, ¾ RIGHT SHUFFLE TURN

- 1-2& Right to right forward diagonal, lock left behind right, right to right forward diagonal
- 3-4& Left to left forward diagonal, lock right behind left, left to left forward diagonal
- 5-6 Rock right forward, left back
- 7&8 ¾ right shuffle turn (right, left, right) 9:00

EXTENDED CROSS SHUFFLE TRAVELING BACK AT RIGHT DIAGONAL, ¼ TURN SLIGHTLY BACK, SIDE, CROSS SAMBA, CROSS SAMBA

- 1&2&3 Cross left over right, right back at right diagonal, cross left over right, right back at right diagonal, cross left over right
- &4 ¼ left turn and step right slightly back, left to left
- 5&6-7&8 (Cross sambas) right over left, left to left, right to right, left over right, right to right, left to left, 6:00

BESIDE, CROSS, UNWIND, KICK BALL CHANGE, LOCK SHUFFLE FORWARD, BACK, $\frac{1}{2}$ TURN FORWARD, FORWARD

- &1-2 Right beside left, cross left over right, ½ right unwind (weight on left)
- 3&4 Kick right forward, right beside left, left forward ##

This is end of wall 7

- 5&6 Right forward, lock left behind right, right forward
- 7&8 Step left back, 1/2 right turn step right forward, left forward

End wall 6

DIAGONAL LOCK FORWARD, LEFT SIDE & DRAG, BACK, IN PLACE, FORWARD, SWAY HIP ½ TURN, RIGHT BESIDE LEFT, SIDE SHUFFLE

- 1&2 Right to right forward diagonal, lock left behind right, right to right forward diagonal
- 3-4& Left to left side and drag right towards left, slightly step back on right, left in place
- 5-6 Right forward, sway left hip into a ¼ left turn (weight on left)
- &7&8 Right beside left, left side shuffle = left, right, left. 3:00

REPEAT

TAG

On wall 3, dance to end and repeat last eight counts. Wall 4 starts at 6:00

RESTART

On wall 6, dance to count 24, then start wall 7 at 6:00 On wall 7, dance to count 20, then add: 21-22 Right to right, left to left Then start wall 8 at 6:00

ENDING

(WALL 9) RIGHT DOROTHY WITH ¼ TURN, LEFT DOROTHY, FORWARD 1-2& Right to right forward diagonal, lock left behind right, ¼ right turn right to right forward diagonal 3-4&5 Left to left forward diagonal, lock right behind left, left to left forward diagonal, right forward





Count: 32