

Be Serious!

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Avril King (UK)

Musik: It's Not That Serious - Jennifer Lopez



SIDE, CLOSE, CHASSE, ROCK STEP, COASTER

- 1-2 Step the right to the right side, step the left next to the right replacing the weight
- 3&4 Chasse to the right with the right leg, right, left, right
- 5-6 Rock forward onto the left, then rock back onto the right
- 7&8 Left coaster step in place

KICK BALL TOUCH TWICE, TURN HEAD, BODY, BODY ROLL

- 9&10 Kick the right in front, step in place, point the left to the left side
- 11&12 Repeat steps (9-10) with the left leg
- 13 Turn the head sharply to face the right side, leaving the foot pointed to the side
- 14 Turn the body to face the right side, the foot is now pointed in front
- 15-16 Body roll for 2 counts

COASTER, SHUFFLE, ROCK STEP, FULL TURN SHUFFLE

- 17&18 Coaster step starting with the right foot
- 19&20 Shuffle forward starting with the left
- 21-22 Rock forward on the right, recover on the left
- 23&24 Take 3 steps making a full turn to the right stepping right, left, right

¼ TURN, SHUFFLE, SWEEP, ROCK, REPLACE

- 25-26 Step forward on the left and make a ¼ turn to the right ending with weight on the right
- 27&28 Shuffle to the right starting with the left crossing over the right
- 29-30 Sweep the right from the back to the front stepping it slightly forward on the last count
- 31&32 Rock the left to the left side, recover onto the right and step the left in place leaving the right foot free

REPEAT
