Before He Cheats

Count: 32   **Wand:** 4   **Ebene:** Intermediate

Choreograf/in: Helen Peers (UK) & Cathy Hodgson (UK)

Musik: Before He Cheats - Carrie Underwood

LEFT SIDE, RIGHT SIDE, CROSS ¼ BACK, BACK RECOVER, LEFT SHUFFLE

1-2	Step left to left side, step right to right side
3&4	Cross left over right, step back on right making ¼ turn, step back left
5&6	Rock back on right, recover onto left, step forward right
7&8	Step forward left, slide right next to left, step forward on left

SIDE ROCK CROSS, GRAPEVINE ¼, TRIPLE FULL TURN, REVERSE FULL TURN

1&2	Rock right foot to right side, recover onto left, cross right over left
3&4	Step left to left side, step right behind left, step forward left with ¼ turn
5&6	Turn forward over right shoulder, full turn, right, left, right
7&8	Turn back over right shoulder, full turn, left, right, left

Option: in place of triple turns, right shuffle forward, left shuffle back

BACK ROCK, STEP BACK, ¼ SAILOR, SKATES, TOUCH BALL STEP

1&2	Rock back on right, recover onto left, step back on right
3&4	Sweep left foot around behind right turning ¼ turn left, step left behind right, step right to right side, step left to left side
5-6	Angle body right diagonal and skate forward on right, angle body left diagonal and skate forward on left
7&8	Touch right toe to left instep, replace weight onto right foot, step forward left

STEP PIVOT STEP, SIDE ROCK STEP, STEP PIVOT STEP, SIDE ROCK TOUCH

1&2	Step forward on right, pivot ½ turn over left shoulder (weight on left), step forward right
3&4	Rock left to left side, recover onto right, step forward left
5&6	Step forward on right, pivot ½ turn over left shoulder (weight on left), step forward right
7&8	Rock left to left side, recover onto right, touch left to right instep

REPEAT

TAG

At the end of wall 2 only

GRAPEVINES WITH TOUCHES TWICE

1&	Step left to left side, step right behind left
2&	Step left to left side, touch right next to left
3&	Step right to right side, step left behind right
4&	Step right to right side, touch left next to right