

Count: 0 Wand: 4 Ebene: Intermediate

Choreograf/in: Abbi-Rose Cliff

Musik: As - Michael Bolton



Sequence: A, A to 20, Tag, B, A to 20, Tag, B, A, A to 20, carry on dancing B, using Part C instead of Section 4 in Part B, until end of track

PART A (VERSE)

CROSS ROCK, TRIPLE FULL TURN, RIGHT ROCK, FULL TURN RIGHT

1-2 Cross rock left over right, rock back on to right

3&4 Triple full turn left on left right left

5-6 Rock to right side on right, rock onto left in place

7&8 Full turn to right on right left right

CROSS ROCK, SIDE CLOSE SIDE, CROSS ROCK, SIDE CLOSE 1/4 TURN

1-2 Cross rock left over right, rock back on to right

3&4 Step left to left side, close right beside left, step left to left side

5-6 Cross rock right over left, rock back onto left

7&8 Step right to right side, close left beside right, step right ¼ turn right

FORWARD ROCK, TRIPLE FULL TURN, RIGHT ROCK, CROSS SHUFFLE

1-2 Forward rock on left, rock back on to right

3&4 Triple full turn left on left right left

5-6 Rock to right side on right, rock onto left in place

7&8 Cross right over left, step left to left side, cross right over left

FORWARD ROCK, COASTER STEP TWICE

1-2 Rock forward on left, rock back onto right

3&4 Step back on left, step right beside left, step forward left

5-6 Rock forward on right, rock back onto left

7&8 Step back on right, step left beside right, step forward right

PART B (CHORUS)

FORWARD AND BUMP X 4

Touch forward right, bumping hips diagonally forward right twice taking weight onto right)

Touch forward left, bumping hips diagonally forward left twice taking weight onto left

5-8 Repeat Part B section 1 steps 1-4

FORWARD ROCK, SHUFFLE ½ TURN, FORWARD LEFT SHUFFLE, FORWARD RIGHT SHUFFLE

1-2 Rock forward on left, rock back onto right 3&4 ½ turn shuffle right on right left right

5&6 Step forward left, lock right behind left, step forward left 7&8 Step back right, lock left in front of right, step back right

DIAGONAL HEEL DROPS X 4 (TRAVELING FORWARD)

1&2 Step left toes diagonally forward left, drop left heel ½ way to floor and raise again, drop heel

to floor

3&4 Step right toes diagonally forward right, drop right heel ½ way to floor and raise again, drop

heel to floor

5-8 Repeat steps 1-4

FORWARD ROCK, COASTER STEP, FORWARD ROCK, SHUFFLE ½ TURN

4.0				
1-2	Rock forward	on left	rock back	onto right

3&4	Step back on left, step rig	ht beside left, step	forward left

5-6 Rock forward on right, rock back onto left 7&8 ½ turn shuffle right on right left right

PART C

Part C is danced instead of Section 4 in part B, towards the end of the track FORWARD ROCK, COASTER STEP, FORWARD ROCK, ½ TURN RIGHT, STEP LEFT

1-2 Rock forward on left, rock back onto right

3&4 Step back on left, step right beside left, step forward left

5-6 Rock forward on right, rock back onto left

7-8 ½ right stepping forward on right, Step left in place

TAG

This tag is danced after count 20 of A, (before starting B) FORWARD ROCK, COASTER STEP TWICE

1-2	Rock forward	on right	rook book	anta laft
1-2	Rock forward	on riant.	госк раск	onto lett

3&4 Step back on right, step left beside right, step forward right

5-6 Rock forward on left, rock back onto right

7&8 Step back on left, step right beside left, step forward left