The Light In Our Soul

Ebene: Intermediate

Choreograf/in: Sebastiaan Holtland (NL) - August 2007

Musik: The Light In Our Soul - Helena Paparizou

start dancing afther the 17 seconds

Count: 40

ROCK/RECOVER, 1/2 SHUFFLE TURN, ROCK/RECOVER, 1/2 SHUFFLE TURN

- 1-2 Rf rock forward, Lf recover (facing 12:00)
- 3&4 1/2 turn right, Rf step forward, Lf glose behind Rf, Rf step forward (facing 6:00)
- 5-6 Lf rock forward, Rf recover
- 7&8 1/2 turn left, Lf step forward, Rf glose behind Lf, Lf step forward (facing 12:00)

1/2 TURN AND SHUFFLE BACK, ROCK/RECOVER, SHUFFLE FWD, 1/4 SAILOR CROSS

- 9&10 1/2 turn left, Rf step back, Lf glose fwd Rf, Rf step back (facing 6:00)
- 11-12 Lf step back, Rf recover
- 13&14 Lf step forward, Rf glose behind Lf, Lf step forward (facing 6:00)
- 15&16 1/4 turn right and cross Rf behind Lf, Lf step to the Left side, Rf across Lf in 6 position (facing 9:00)

FULL SWEEP TURN, SAILOR AND CROSS, ROCK 1/4 TURN, SHUFFLE FWD

- 17-18 Full turn with sweep from front to back (facing 9:00)
- 19&20 Rf step behind Lf, Lf step to the left side, Rf across Lf in 6 position (facing 9:00)
- 21-22 Rf side rock, Lf recover and make 1/4 turn left (facing 6:00)
- 23-24 Rf step forward, Lf glose behind Rf, Lf step forward (facing 6:00)

ROCK 1/4 TURN, SHUFFLE FWD, STEP 1/2 PIVOT TURN, STEP 1/4 PIVOT TURN

- 25-26 Lf side rock, Rf recover and make 1/4 turn right (facing 12:00)
- 27&28 Lf step forward, Rf glose behind Lf, Lf step forward (facing 12:00)
- 29-30 Rf step forward, 1/2 turn left keeping weight on Lf (facing 6:00)
- 31-32 Rf step forward, 1/4 turn left keping weight on Lf (facing 3:00)

ROCK/RECOVER, 1/4 SHUFFLE TURN, ROCK/RECOVER, 3/4 TRIPLE TURN

- 33-34 Rf step cross forward Lf, Lf recover (facing 3:00)
- 35&36 Rf step forward, Lf glose behind Rf, Rf step forward (facing 12:00)
- 37-38 Lf step forward, Rf recover (facing 12:00)
- 39&40 3/4 triple turn, Lf forward, Rf forward, Lf step forward (facing 3:00)

REPEAT





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Wand: 4