Abracadabra

7&8



Count: 64 Wand: 4 Ebene: Intermediate

Choreograf/in: Charlotte Macari (UK)

Musik: Abracadabra - Sugar Ray



RIGHT ROCK & CROSS, LEFT ROCK & CROSS, KICK, OUT, OUT, HIP BUMPS LEFT THEN RIGHT OR BODY ROLL

1&2	Rock right to right side, recover weight on left, cross right over left
3&4	Rock left to left side, recover weight on right, cross left over right
5&6	Kick right foot forward, step right out to right side, step left out to left side
7-8	Hip bump left then right (or body roll for two counts)
&	Step, hold, & step hold, two sailor steps
&1-2	Push weight off right and quickly step right next to left, step left to left side, hold (or small body roll)
&3-4	Repeat above &1-2
5&6	Right sailor step

KICK & POINT, TWIST HEELS RIGHT, LEFT, RIGHT WITH 1/4 TURN LEFT, LEFT SHUFFLE FORWARD, ROCK, RECOVER

ROCK, RECOVER	
1&2	Kick right forward, step right in place, point left to left side

Twist heels right, left, right with a ¼ turn left, (weight ending on right)

Shuffle forward left, right, left

Left sailor step

7-8 Rock forward right, recover weight on left

1 ½ TURNS RIGHT, TOE SWITCHES WITH HEEL SPLIT

1-4 Turn ½ right stepping forward to right, turn ½ right stepping back on left, turn ½ right stepping forward on right, step forward on left

Easy option: just do ½ turn right doing four walks, to replace 1 ½ turn

Touch right toe forward, step on right in place, touch left toe forward, step on left in place
Touch right toe forward, split heels apart, (weight on toes) bring heels back to center

WEAVE, ROCKING CHAIR, RIGHT CROSS, POINT LEFT, CROSS, 1/4 TURN LEFT WITH RIGHT STEP BACK

1-2	Cross right behind left, step left to left side
3&4&	Cross rock right over left, recover on left, rock back on right, recover on left
5-6	Cross right over left, point left to left side
7-8	Cross left over right, turn ¼ left stepping back on right

LEFT SHUFFLE BACK, RIGHT ROCK BACK, RECOVER, HIP BUMPS WITH 1/2 LEFT

LEFT SHUFFLE BACK, RIGHT ROCK BACK, RECOVER, HIP BUMPS WITH 1/2 LEFT		
1&2	Left shuffle back	
3-4	Rock back on right, recover weight on left	
5&6	Touch right forward while bumping right hip forward, bump hips back, step forward on right	
&7&8	Turn $\frac{1}{2}$ left, touch left foot forward bumping left hip forward, bump hips back, step forward on left	

RIGHT KICK, CROSS, BACK, & CROSS, FOUR COUNT WEAVE

1-3	Kick right foot forward, cross right over left, step slightly back with left
&4	Step right to right side, cross left over right
5-8	Weave - step right to right side, step left behind right, step right to right side, cross left over
	right

RIGHT SIDE TOUCH, HOLD, & LEFT SIDE TOUCH, HOLD, & $\frac{3}{4}$ TURN MONTEREY RIGHT, ROCK, RECOVER CROSS

1-2 Touch right to right side, hold

&3-4 Step right in place, touch left to left side, hold

&5-6 Step left in place, touch right to right side, turn ³/₄ turn right stepping right in place (Monterey)

7&8 Rock left to left side, recover weight on right, cross left over right

REPEAT