

Adios Mi Vida

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Val Hurt (UK)

Musik: Adios Mi Vida, Adios - Cerrito



CROSS ROCK CHASSE, CROSS ROCK CHASSE ¼ TURN

- 1-2 Cross rock right over left, recover to left
3&4 Step right to right side, close left to right, step right to right side
5-6 Cross rock left over right, recover to right
7&8 Step left to left side, close right to left, make ¼ turn left stepping forward on left

STEP FORWARD ½ PIVOT TURN, SHUFFLE HALF TURN, ROCK BACK AND KICKBALL STEP

- 1-2 Step forward on right ½ pivot turn left
3&4 Make ¼ turn left stepping right to right side, close left to right, make ¼ turn left stepping right to right side
5-6 Rock back on left, recover to right
7&8 Kick left foot forward, step down on left, step forward on right

STEP TOUCH, LOCK STEP BACK, FULL TURN ROCK BACK RECOVER

- 1-2 Step forward on left, touch right toe beside left foot
3&4 Step back on right, lock left over right, step back on right
5-6 Make ½ turn left stepping forward on left, make ½ turn left stepping forward on right
7-8 Rock back on left, recover to right

STEP ¼ PIVOT TURN, CROSS SHUFFLE, ¼ TURN TWICE, STEP ¼ PIVOT TURN

- 1-2 Step forward on left ¼ turn right
3&4 Cross step left over right, step right to right side, cross step left over right
5-6 Make ¼ turn left stepping back on right, make ¼ turn left stepping left to left side
7-8 Step forward on right, make ¼ turn left stepping left to left side

REPEAT

TAG

4 count tag to be added on the end of walls 2, 5 & 6

- 1-4 Sway hips right, left, right, left
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