

# I Are (I R)

Count: 32

Wand: 2

Ebene: Intermediate

Choreograf/in: Barry Durand (USA) - August 2007

Musik: The Way I Are (feat. Keri Hilson) - Timbaland : (Album: Timbaland Presents Shock Value)



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## Intro: 32 counts

### 1-8 Hitch, Sailor Kick and Step, Hitch, Hip Bump

- 1,2 Start with weight on R and L toe tapped to left, hitch L up bending left knee and then point L toe to left.
- 3&4&5,6  $\frac{1}{4}$  turning sailor kick left - Step behind L with  $\frac{1}{8}$  turn left, step in place R with  $\frac{1}{8}$  turn left, kick L, step L, step forward R, hitch L up behind R at the knee
- 7&8 Step side L and Hip bump L & L weight ends on L

### 9 - 16 Turning Sailor, Hold & Cross, Walks, Coaster

- 1&2  $\frac{1}{4}$  Turning sailor by crossing R behind L turning  $\frac{1}{8}$  turn right, step in place L turning  $\frac{1}{8}$  turn right, step forward R with toe turned out to right
- 3&4 Hold count 3, turn  $\frac{1}{4}$  turn right while stepping side L, cross in front R
- 5,6 Step forward L starting to turn, turn  $\frac{1}{2}$  turn to left while stepping back with R
- 7&8 Coaster step by stepping back L, together R, forward L

### 17-24 Crosses, Sweep, Heel Jacks, Press Rock Recover

- 1&2 turn  $\frac{1}{4}$  turn right while stepping cross R in front, step side L, cross R in front,
- 3 Sweep L from back to front
- 4&5&6 Step down on L, and heel jack by stepping side R, tap or kick L, step in place L, turn  $\frac{1}{4}$  turn left and step forward R
- 7,8 Step forward onto L with a press, recover back onto R

### 25-32 Coaster, Kick ball tap, Body Roll, $\frac{1}{4}$ turn

- 1&2 Left Coaster step ? step back L, together R, forward L
- 3&4 Right Kick Ball Tap ? kick R, step back R, tap L bending left knee
- 5,6 Body Roll down from top to bottom ending with weight on R, or just do to hip bumps L (5&6&)
- 7,8 Step forward L turning  $\frac{1}{4}$  turn left, step side R

**Repeat.**

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