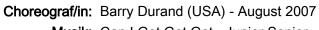
Get Get Get

Count: 64

Ebene: Intermediate



Musik: Can I Get Get Get - Junior Senior

32 count intro 1-8	Hip Hop Cross, Twist turn, Walks
1&2	Cross L over R and rock forward on an angle, recover R, step side L
3&4	Cross R over L and rock forward on an angle, recover L, turn ¼ turn to the right and step forward R
&5,6	Step forward (or slight hop) with L and quickly cross R behind L, turn to right a full turn on count 6 with weight ending on R
7,8	Walk L, R
9-16	Coupee (flick), Lock step, Turn, Shuffle
1&2	Step forward L, turn ¼ turn left and step side R, replace right foot with L while extending R to side and turning ¼ turn to left.
3&4	Lock step by stepping forward R, lock behind L, step forward R
5,6	Turn a full turn to the right while walking L, R
7&8	Shuffle forward L, R, L and sweep R back to front starting a left turn
17-24	Syncopated Weaves
1&2&3&4	Turn ¼ turn to the left and do a weave by crossing front R, side L, cross back R, side L, cross front R, side L, cross back R sweeping L toward back
5&6&7&8	Cross L behind R, side R, cross forward L, side R, cross back L, side R, cross front L and sweep R around making a quarter turn to the left
25-32	Hip Bumps, Pivot Turns
1&2,3&4 5,6,7,8	Hip Bump R,L,R, then L,R,L with a1/4 turn to the left on the last bump weight on L Pivot turn by stepping forward R and turn $\frac{1}{2}$ turn left, step forward onto L, step forward R turning $\frac{1}{2}$ turn left, and tap L together with R
32-39	Apple Jacks, Turning Sailors, Step
1&2	Moving Applejack to left by placing weight on ball of R and heel of L then split knees out (moving slightly left), place weight on heel of R and ball of L then bring knees together (moving slightly left), place weight on ball of R and heel of L then bring knees out (moving slightly left) and as you do step onto the L with a ¼ turn to the left. If you don?t want to do Apple jacks, simply hip bump L & L finishing with ¼ turn left and stepping onto L
3,4&5	Turning Sailor by Stepping forward onto R, while sweeping L behind and turning ½ turn to the left. Then do a sailor Step, by crossing behind L, side R, forward L but prep the L foot out and prepare to turn back to right
6&7	Turning Sailor by hooking or sweeping R behind L making a ½ turn to the right while stepping L and then forward R.
8	Step forward L
40-48	Knee Wag, Turning Sailor, Shuffle
1&2	Swivel on heel of R foot and move knee to right & right making a ¼ to the right on 2 while taking weight on R
3,4&5	Turning Sailor by Stepping forward onto L, while sweeping R behind and turning ½ turn to the right. Then do a sailor Step, by crossing behind R, side L, forward R
6&7	Shuffle step L,R,L.
8	Step forward R and end prepared to do the Applejack step again.
49-56	Repeat counts 32-39 Apple Jacks, Turning Sailors, Step
57-64	Knee Wag, Turning Sailor, Pivot





Wand: 2

1&2 Swivel on heel of R foot and move knee to right & right making a ¼ to the right

- 3,4&5 Turning Sailor by Stepping forward onto L, while sweeping R behind and turning ½ turn to the right. Then do a sailor Step, by crossing behind R, side L, forward R
- 6,7,8 Step forward L pivoting to the right ½ turn and bring R together with L while dropping down with bent knees and head down, then pop back up with weight on R.

End of Dance ? Repeat as necessary!