Ain't Cha



Count: 32 Wand: 4 Ebene: Beginner Choreograf/in: Rico Peeters (NL) - February 2007

Musik: Ain't No Doubt - Jimmy Nail : (CD: The Best of Jimmy Nail)



RESTART Starting with wall 8, count marked with (***) within section 2 is a ?RESTART? (see below).

DANCE:

Indicating this ?RESTART? in the music between 2:30 (start instrumentals) and 2:40

minutes.

Section 1 Walks, Step Push 1/4 Turn Right, Chassé Left, Sweep 1/2 Turn Right, Mambo Cross 1 RF Step forward 2 LF Step forward 3 RF Step forward with 1/4 turn to left (push hip to the right, weight onto RF) 4 LF Step to the side & RF Step next to LF LF Step to the side 5 6 RF Sweep behind LF & LF Step 1/4 turn to the right

7 RF Step forward with 1/4 turn to the right

8 LF Rock to the side

& RF Recover (weight onto RF)

1 LF Cross over RF

Section 2 Step , Touch, Chassé Left, Step Rock Forward, Hitch , Syncopated Coasterstep 1/4 Turn

Right

2 RF Step to the side

3 LF Touch next to RF (weight onto RF)

4 LF Step to the side & RF Step next to LF 5 LF Step to the left 6 RF Step forward and rock

7 RF Hitch (recovering weight onto LF)
8 RF Step behind LF with 1/4 turn to the right

& LF Step next to RF

1 RF Step forward *** (? RESTART? dance section 1 within this count at 3 o clock) ***

Section 3 Pivot 1/4 Turn Right, Syncopated Weave, Point, Cross, Mambo Step

2 LF Step forward

3 LF&RF Step 1/4 turn to the right (weight onto RF)

4 LF Step behind RF & RF Step to the side LF Cross over RF

6 RF Point to the side (to the right side 1/8 diagonal in front)

7 RF Cross over LF 8 LF Step to the side

& RF Recover (weight onto RF)

1 LF Step forward

Section 4 Pivot 1/4 Turn Left, Cross Shuffle, Mambo Rock, Step Back, Slide & Touch

2 RF Step forward

3 RF&LF Step 1/4 turn to the left (weight onto LF)

4 RF Cross over LF

& LF Step close behind RF

5 RF Cross over LF

LF Step forward with 1/4 turn to the left RF Recover (weight onto RF) LF Step behind RF RF Slide next to LF with touch

6 & 7

8

Start Again and have Fun!

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