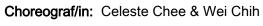
Count: 32

Ebene: Intermediate



Musik: Drop It On Me - Ricky Martin

SAMBA FORWA	ARD BASIC, SAMBA BACKWARD BASIC, LEFT CROSS SAMBA, CROSS, ¼ TURN, ¼
1a2	Step left forward, ball-step right ball beside left, step left in place
3a4	Step right backward, ball-step left ball beside right, step right in place
5a6	Cross step left over right, ball-step right to right side, recover on left
7a8	Cross step right over left, make a ¼ turn right ball-step left backward, make a ¼ turn right step right to right side
FRONT ROCK, 1a2a3a4	SIDE ROCK, BACK ROCK, ¼ TURN LEFT, BODY ROLL STEP TOUCH, CHEST POPS Rock left forward, recover on right, rock left to left side, recover on right, rock left backward,
5a6	recover on right, make a ¼ turn left touch left toe forward (with heel raised) Shift weight to the ball of left foot with forward body roll, step right beside left, touch left toe forward
7a8a	(Option for count 5: Circular anti-clockwise hip roll starting from 6.00) Pop chest out, in, out, in
	CROSS, 1/2 TURN LEFT CROSS BALL CROSS,
1a2	Cross step right over left (shift weight to the ball of left foot at the same time), ball-step left to left side, cross step right over left
3a4	Make a ½ turn left crossing left over right, ball-step right to right side, cross step left over right
5-6	Step right backward popping left knee towards right knee, step left backward popping right knee towards left knee
7-8	Repeat (Option styling for count 5-8: Swing both arms out to left, right, left, right OR wriggling your body)
SMALL STEPS RIGHT FULL TURN, SMALL STEPS LEFT FULL TURN, STEP, FIGURE-OF-8 HIP ROLL	
1a2	Step right forward, make a ¹ / ₂ turn right ball-stepping left back slightly, make a ¹ / ₂ turn right on ball of left stepping right forward slightly
3a4	Step left forward, make a $\frac{1}{2}$ turn left ball-stepping right back slightly, make a $\frac{1}{2}$ turn left on ball of right stepping left forward slightly
	(Option for count 3 a 4: Step left forward, step right beside left, step left forward)
5	Step right to right side, feet apart
6-8	Make a horizontal figure-of-8 hip roll starting from right-left-right over 3 counts, weight ends on right foot
REPEAT	





Wand: 4