## No Dr Phil



Count: 32 Wand: 4 Ebene: Intermediate

Choreograf/in: Nancy Morgan (USA)

Musik: When It Rains - Gretchen Wilson



**KICK** FORWARD, KICK SIDE, **SAILOR** SHUFFLE, **KICK** FORWARD, KICK SIDE, **SAILOR SHUFFLE** 1-2 Kick right foot forward, kick right foot to right side 3&4 Sailor shuffle - step right behind left, left to left side, right foot forward 5-6 Kick left foot forward, kick left foot to right left 7&8 Sailor shuffle - step left behind right, right to right side, left foot forward

FORWARD ROCK, SKIP BACK FOR 4 COUNTS, BACK ROCK 1-2 Rock/step forward on right

&3 Lift right foot up as you hop on left, bring and set right foot directly behind left (it is like skipping backwards)

and back on left

&4 Lift left foot up as you hop on right, bring and set left foot directly behind right &5 Lift right foot up as you hop on left, bring and set right foot directly behind left &6 Lift left foot up as you hop on right, bring and set left foot directly behind right 7-8 Back rock/step on right and forward on left

STEP
FORWARD,
BOUNCE TWO
TIME IN ½
TURN TO
LEFT, KICK
FORWARD,
BACK
COASTER,
FORWARD
COASTER
1 Step forward
on right (stay on
balls of feet)

2-3 Bounce two (2) times on heels as your turn one half turn to left (weight is on right) 4 Kick left foot forward 5&6 Back coaster step step back on left, back on right, and forward on left 7&8 Forward coaster step step forward on right, step forward on left, step back on

right

TOUCH BACK, 1/4 TURN LEFT, SWIVEL, SWIVEL 1/4 TURN LEFT, KICK-BALL-**CHANGE** SWIVEL. SWIVEL 1/4 **TURN LEFT** 1-2 Touch left toe back, pivot 1/4 turn to your left (weight is even) 3 Swivel both feet to right (on balls of feet) 4 Swivel both feet to left 1/4 turn to left (on balls of feet. weight ends on left) 5&6 Kick-ballchange - kick right foot forward, put right next to left as you pick left off floor, set left next to right 7 Swivel both feet to right (on balls of feet) 8 Swivel both feet to left 1/4 turn to left (on balls of feet, weight ends on left)

## **REPEAT**