

Psycho Iko

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Mick Bennett (UK) - September 2007

Musik: Iko Iko - Captain Jack : (Album : Greatest Hits)



Section 1 - Push Hitch Back, Hitch Back * 2, Coaster, Scuff, Hitch, Out-Out, Clap

- 1&2 Push forward on Right, Recover to Left hitching Right knee, Step back on Right
- &3&4 Hitch Left knee, Step back on Left, Hitch Right Knee, Step back on Right
- &5&6 Hitch Left, Step back on Left, Close Right to Left, Step forward on Left
- &7 Scuff Right, Hitch Right
- &8& Step (slightly) out Right, Step (slightly) out Left, Clap

Styling note for steps 7&8 - hitch Right to make a little jazz jump out-out (both feet leaving the floor on the hitch)

Section 2 - Hip Bumps, Syncopated Weave Right, Cross Behind-Unwind $\frac{3}{4}$ Left

- 1-2 Bump hips Right, Left
- 3&4 Bump hips Right, Left, Right
- &5&6 Cross Left behind Right, Step Right to Right side, Cross Left over Right, Step Right to Right side
- 7-8 Cross Left behind Right, Unwind $\frac{3}{4}$ turn left (retain weight on left foot which should be slightly in front of Right) (3)

Styling note : on step 7 bend both knees (dip) and straighten (raise) as you unwind on count 8 (Obvious) Restart here on walls 2 and 5

Section 3 - Mambo Forward & Back, Push $\frac{1}{2}$ Right, Ball Step, (Travelling) Triple Full Turn, Close

- 1&2 Rock forward Right, Recover to Left, Step back on Right
- 3&4 Rock back Left, Recover to Right, Step forward on Left
- 5&6 Push forward on Right, Recover to Left, Making $\frac{1}{2}$ turn Right step forward on Right (9)
- &7&8& (Ball) Step left to Right, Make a full triple turn Right stepping Right, Left, Right (turn should travel forwards), Close Left to Right

Alternative for &7&8& : (Ball) Step left to Right, Shuffle forward Right, Left, Right, Close Left to Right (Ball step)

Section 4 - Syncopated Rocking Chair, Push $\frac{1}{2}$ Right, Push $\frac{1}{2}$ Left, Push $\frac{1}{2}$ Left, Shuffle Forward Left

- 1&2& Rock forward Right, Recover to Left, Rock back Right, Recover to Left
- 3&4 Push forward Right, Recover to Left, Make $\frac{1}{2}$ Right stepping forward on Right (3)
- 5& Push forward on left, Recover onto Right making $\frac{1}{2}$ turn Left (9)
- 6& Push forward on left, Recover onto Right making $\frac{1}{2}$ turn Left (3)

OPTION for 5&6& :

- 5&6& Syncopated Rocking Chair - Rock forward on Left, Recover weight to Right, Rock back on Left, Recover forward to Right
- 7&8 Shuffle forward Left, Right, Left

Start Again

Ending : (Optional of course) : As the music gets to the end (pretty obvious but if you're into counting it's wall 11) to finish with panache facing the front wall by replacing the steps 7&8 in the section 4 with :

- 7-8 Making $\frac{1}{4}$ Left step left to side, Step forward Right extending right hand forward and pose (Facing 12 o'clock)