

Roll-Um

Count: 32

Wand: 1

Ebene: Beginner

Choreograf/in: Sheila DiNardo (USA) - October 2007

Musik: I Don't Want You Anymore - Helena Paparizou



Hold first 32 count

STEP SIDE TOGETHER WITH HAND ROLLS

1 – 2 St. Right to Right side, St. Left next to Right,

3 – 4 St. Right to Right side, Touch Left next to Right

(When stepping to the side, Roll hands over each other in front of you) 1,2,3, hold

5 – 8 Repeat the Left side now

STEP TOUCH, TOES, TRIPLE STEP,

1 – 2 St. Right back, Touch Left next to Right

(now as you turn 1/4 right).....3:00

3 – 4 St. Left forward, Touch Right next to Left

5 – 6 Touch Right toe forward, to Right side,

7 & 8 Triple St. (R.L.R) in place (is a 1+2 Count)

STEP TOUCH, KICK BALL CHANGE

1 – 2 St. Left back, Touch Right next to Left

(now as you turn 1/4 Left).....12:00

3 – 4 St. Right forward, Touch Left next to Right

5 & 6 Kick Left forward, St. on Left, Right (1+2 Count)

7 – 8 Kick Left forward, St. on Left

HEEL SPLITS, HEEL FORWARD AND BACK

1 – 2 Split both heels out, Bring them back together

3 – 4 Touch Right heel forward, Bring back in place

5 – 6 Split both heels out, Bring them back together

7 – 8 Touch Left heel forward, Bring back in place

Begin again.