

# Boom Boom

Count: 32

Wand: 4

Ebene: High Beginner

Choreograf/in: Preston Brust & Chris Lucas - November 2007

Musik: Boom Boom - LoCash Cowboys



**Intro: 32 BPM: 109 Rhythm: Funky/Two Step**

**\*This dance has been featured on CMT, MTV, VH1 & LOGO.**

## **JUMP FORWARD, HOLD, JUMP BACK, HOLD, STEP SIDE, STEP TOGETHER, STEP SIDE, STEP TOGETHER**

- &1-2            Jump forward, stepping R-L (&1). \*Feet should be shoulder width apart. Hold (2)  
&1-2            Jump forward, stepping R-L (&1). \*Feet should be shoulder width apart. Hold (2).  
5-6            Keeping weight on and press/step on the ball of the R foot to the R side (5). Step R foot together with L with R foot taking weight (6).  
7-8            Press/step on the ball of the L foot to the L side (7). Step L foot together with R with L foot taking weight (8).

## **HIP BUMPS- DIAGONAL - R, HIP BUMPS- DIAGONAL - L, SLIDE BACK DIAGONALLY R, STEP OUT L, BEND KNEES, COME UP**

- 1&2            Step forward on a R diagonal and bump R hip forward (1). Bump R hip back (&). Bump R hip forward (2).  
3&4            Step forward on a L diagonal and bump L hip forward (3). Bump L hip back (&). Bump L hip forward (4).  
5-6            Slide back diagonally R on R foot (5). Step out with the L foot (6). \* Feet should be shoulder width apart  
7-8            With weight on both feet, bend your knees and go as low as YOU can go (7). Come straight up in place (8). \*You'll end again with feet shoulder width apart.

## **VINE R WITH LEG LIFT, VINE L WITH LEG LIFT**

- 1-4            Step R on R (1). Step L foot behind R (2). Step R on R (3). Lift L leg with foot pointing to 11:00 o'clock (4).  
5-8            Step L on L (5). Step R foot behind L (6). Step L on L (7). Lift R leg with foot forward to 12:00 o'clock (8).

## **STOMP FORWARD, SWITCH, STOMP FORWARD, SWITCH, CLAP 2X, GALLOP 1/4 TURN L WITH LASSO**

- 1&2            Stomp up (keeping weight on R) with the R foot forward (1). Step R foot next to L (2). Stomp up (keeping weight on L) with the L foot forward (2).  
&3-4            Step L foot next to R (&). Stomp up (keeping weight on R) with the R foot forward (3). Clap 2X (4).  
&5&6            Begin 1/4 turn gallop to the L stepping, R/L, R/L.  
&7&8            Complete 1/4 turn gallop at 9:00 o'clock stepping R/L, R/L. \* Optional arm styling: L hand on the saddle in front of you and R hand.

**Begin again.**

**Tag:**

- 1-4            Hip bumps R-L-R-L (You will hear the accents in the music.)

**Sequence of dance:**

- 32  
16 -            4 count tag & restart

32

32

32

16 - 4 count tag & restart

32

32

32 - 4 count tag

32

32 \*Optional - You can gallop forward on the last 4 counts to end at 12:00 o'clock

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