Count： 32 Wand： 1 Ebene：Improver
Choreograf／in：Sebastiaan Holtland（NL）－December 2007
Musik：Cos I Believe－Lemon Ice

You start the dance facing 12：00 Intro： 32 count you start at the words Cos I Believe

| BASIC | NIGHTCLUB WITH 1／4 TURN，QUICK QUICK FWD， $1 / 4$ TURN，BASIC NIGHTCLUB WITH $1 / 4$ |
| :--- | :--- |
| TURN，CHECK FWD |  |
| 1－2\＆3 | Step Rf to the right and drag your Lf，rock Lf behind Rf，recover on Rf，step Lf forward with |
| 1／4 turn left（9：00） |  |

## QUICK QUICK BACK L－R－L，BASIC NIGHTCLUB WITH 1／4 TURN，ROCK \＆STEP FWD WITH 1／4 TURN， FULL CHANNE TURN <br> 2\＆3 Step Lf back，step Rf back，step Lf back（quick quick motion），weight onto Lf（3：00） <br> 4\＆5 <br> 6\＆7 Rock Rf back，Lf recover，step Rf to the right with $1 / 4$ turn left，drag your Lf（12：00） Rock Lf behind Rf，recover on Rf，step Lf forward with $1 / 4$ turn left weight onto Lf（9：00） Step Rf forward，step Lf next to Rf turning full left and step forward on Lf（9：00）

## BASIC NIGHTCLUB，BASIC NIGHTCLUB，BASIC NIGHTCLUB，ROCKING CHAIR FWD，ROCK／ RECOVER

1－2\＆$\quad$ Step Rf to the right and drag your Lf，rock Lf behind Rf，recover on Lf（9：00）
3－4\＆Step Lf to the left and drag your Rf，rock Rf behind Lf，recover on Lf
5 Step Rf to the right and drag your Lf weight onto Rf
6\＆7 Rock Lf forward，recover on Rf，step Lf back weight onto Lf
8\＆ Rock Rf back，recover on Lf weight onto Lf（9：00）

BASIC NIGHTCLUB WITH $1 / 4$ TURN，BASIC NIGHTCLUB WITH $1 / 4$ TURN，ROCK AND STEP FWD WITH 1／2 TURN，FULL CHANNE TURN
1－2\＆$\quad$ Step Rf to the right with $1 / 4$ turn left and drag your Lf，rock Lf behind Rf，recover on Lf（6：00）
3－4\＆5 Step Lf to the left and drag your Rf，rock Rf behind Lf，recover on Lf，step Rf forward with 1／4 turn right weight onto Rf（9：00）
6\＆7 Rock Lf forward，recover on Rf，step Lf forward with $1 / 2$ turn left（3：00）
8\＆
Step Rf forward，step Lf next to Rf turning full left and step forward on Lf（3：00）
START AGAIN AND HAVE FUN
Note：At The 5th wall you get a 2 count break：
Option： 2 count HOLD．
At time in the music：02：43 through 02：44：Then you start again on the words＂Cos I Believe＂

