# Mama Take Me Home



Count: 32 Wand: 4 Ebene: Intermediate

Choreograf/in: Tanja Enget (NOR) - February 2008

Musik: Mama Take Me Home - Rednex



# WALK, WALK, SHUFFLE 1/2 TURN, BACK, BACK, COASTER STEP

1-2 Step right forward, step left forward

3&4 Half turn shuffle stepping right, left, right, while turning left

5-6 Step left back, step right back

7&8 Step left back, step right beside left, step left forward

# STEP SLIDE, ROCK STEP TWICE, TOE & HEEL SWITCHES WITH BACK FLICK

Take a big step to the right & slide left together, rock back onto left, recover

Take a big step to the left & slide right together, rock back onto right, recover

Touch right to right, step right beside left, touch left to left

&7&8 Step left beside right, right heel forward, flick right foot back while turning ¼ to the left, touch

right heel forward

#### CROSS TO THE RIGHT, SYNCOPATED WEAVE TO THE LEFT

Step right beside left, cross left over right, step right to right, cross left over right
Step right to right, cross left over right, step right to right, cross left over right

5-6 Cross right over left, step left to left

7&8 Cross right behind left, step left to left, cross right over left

#### **HEEL JACKS X3. UNWIND**

&1&2 Step left diagonally back to left, touch right heel diagonally forward, step right beside left,

cross left over right

&3&4 Step right diagonally back to right, touch left heel diagonally forward, step left beside right,

cross right over left

&5&6 Step left diagonally back to left, touch right heel diagonally forward, step right beside left,

cross left over right

7-8 Hold, unwind full turn

# Begin again.

### **TAG**

# Before you start the dance on the 8 wall, you have just taken the unwind full turn

1-2 Cross left over right, hold

3-4 Slow unwind full turn over 2 counts