Blue Mountain Shuffle



Count: 32 Wand: 2 Ebene: Beginner

Choreograf/in: Pepper Siquieros (USA) - May 2008

Musik: In the Blue Mountains - Pat Garrett



SWAY RIGHT-LEFT, SHUFFLE SIDE, ROCK, RECOVER, SHUFFLE 1/4 TURN

1-2	Step right to side and sway hips right, sway hips to the left and rock weight to left
1-2	Sied fidili to side alia sway filos fidili. Sway filos to the left alia fock weight to left

3&4 Shuffle to right side stepping right to side, left next to right, right to side

5-6 Cross rock left over right, recover onto right

7&8 Shuffle to left side stepping left to side, right next to left, left into a ¼ turn left [facing 9:00]

ROCK FORWARD, ROCK BACK, STEP FORWARD, PIVOT 1/2, SHUFFLE

1-2	Rock forward onto right, recover onto left
3-4	Rock back onto right, recover onto left

5-6 Step forward on right, pivot ½ turn left putting weight onto left

7&8 Shuffle forward right, left, right [towards 3:00]

ROCK FORWARD, RECOVER, ROCK BACK, RECOVER, STEP, 1/4 TURN, CROSS SHUFFLE

1-2 Rock forward onto left, recover back onto right

3-4 Rock back onto left, recover onto right

5-6 Step forward on left, pivot ¼ turn right putting weight onto right 7&8 Cross left over right and shuffle to side stepping left, right, left

SIDE, ROCK, RECOVER, SIDE, CROSS BEHIND, SIDE, CROSS ROCK

1-2 Step right to side, cross rock back onto left

3-4 Recover to right, step left to side5-6 Cross right behind left, step left to side

7-8 Cross rock right over left, recover back onto left [facing 6:00]

REPEAT