Pocketful of Sunshine

Ebene: Intermediate

Choreograf/in: May Wah Ong (MY) - May 2008

Musik: Pocketful of Sunshine - Natasha Bedingfield : (3:23)

Intro: 16 counts intro, starts on vocals

Walk, walk, kick cross back side, & Walk, walk, kick cross back side

1 - 2Walk forward R. L

Count: 64

- 3&4& Kick R fwd, cross in front of L, step L back, step R to right side
- 5 6 Walk forward L, R
- 7&8& Kick L fwd, cross in front of R, step R back, step L to left side

Step, pivot 1/2, shuffle forward, side rock, behind, side , forward

- 1 2 Step forward on R, pivot 1/2 turn left
- 3&4 Step forward on R, step L next to R, step R forward
- 5 -6 Rock L to left side, recover on R
- 7&8 Step L behind R, step R to right side, step L slightly forward [6]

Touch, unwind, weave, side, together, applejacks

- 1 2Touch R toe behind L, unwind ¼ right, [9]
- 3&4& Cross step L over R, step R to side, cross step L behind R, step R to side
- 5 6Step L to left side, step R next to L
- With weight on right heel and left toe, turn right toe right and left heel right, (&)both feet back 7&8& to centre, (8) with weight on right toe and left heel turn right heel left and left toe left, (&) both feet back to centre

Step, pivot 1/2, shuffle forward, side rock, behind, side , cross

- 1 2 Step forward on R, pivot 1/2 turn left [3]
- 3&4 Step forward on R, step L next to R, step R forward
- 5 6 Rock L to left side, recover on R
- Step L behind R, step R to right side, step L in front of R 7&8

Turn $\frac{1}{2}$, $\frac{1}{2}$, sailor step, step touch, kick ball step

- 1 2Make $\frac{1}{2}$ turn right stepping fwd on R, make $\frac{1}{2}$ turn right stepping back on L [3]
- 3&4 Step R behind L, step L to left, step R to right
- 5 6 Step forward on L, touch R next to L
- 7&8 Kick R forward, replace R next to L, step forward on L

Back rock, side rock, together, point, point, sailor 1/4

- 1 2 Rock back on R, recover on L
- 3&4 Rock R to right side, recover on L, step R next to L
- 5 6 Cross point L over R, point L to left
- 7&8 Step L behind R making ¼ left, step R next to L, step L to left side [12]

Step, lock, step lock step, rock, recover, sailor 1/2

- 1 2Step R forward, lock L behind R
- 3&4 Step R forward, lock L behind R, step R forward
- 5 -6 Rock L forward, recover on R
- 7&8 Cross step L behind R making ¼ turn L, make ¼ L stepping R next to L, step fwd on L [6]

Walk, walk, back rock, step, bump LR, bump LRL





Wand: 2

- 1 2 Walk forward R, L
- 3&4 Rock back on R, recover on L, step R next to L
- 5 -6 Stepping L to left sway left, then sway right
- 7&8 Bump hips LRL

Tag After 3rd Wall

1 – 4 Hip rolls , RLRL (or sway)

Note:

Once you are familiar with the music, you might want to try the dance in the following sequence. Part A : Counts 1 - 32Part B : Counts 33 - 64

Suggested Sequence: AB, AA, BB, tag, BB, AB, B (16 cts to ending)