Gonna Catch You

Count: 32

Ebene: Intermediate Hustle Style

Choreograf/in: Rachael McEnaney (USA) - June 2008

Musik: Lonnie Gordon - Gonna Catch You

Count In: Dance begins on vocals.	
(1 – 8) Ball change, cross, side, back, ball change, cross, ¼ turn, ½ turning shuffle	
& 1 - 2	(Angle body to 10.30 (left diagonal)) Rock back on ball of right (&), recover weight onto left (1), cross right over left (2) 10.30
3 - 4	Step left to left side (body facing front) (3), cross right behind left (4) 12.00
& 5 - 6	(Angle body to 1.30 (right diagonal)) Rock back on ball of left (&), recover weight onto right (5), cross left over right (6) 1.30
7 – 8 &	Make ¼ turn left stepping back on right (7), make ¼ turn left stepping left to left side (8), step right next to left (&) 6.00
(9 – 16) Left ¼ turn with touch, right ¼ turn, right ¼ turn with touch, left ¼ turn, step ½ pivot, step forward.	
1	Make 1/4 turn left stepping forward on left (completes shuffle) (1) 3.00
2 - 3	Make ¹ / ₄ turn left touching right toe to right side (2), make ¹ / ₄ turn right stepping weight onto right (3) 3.00
4 - 5	Make ¹ / ₄ turn right touch left toe to left side (4), make ¹ / ₄ turn left stepping weight onto left (5) 3.00
6 - 8	Step forward on right (6), pivot ½ turn left (7), step forward on right (8) 9.00
	ion for the toe touches:
Raise & click fin	gers to shoulder height on 2, lower & click fingers to waist height on 4
(17 – 24) ¾ turn right, cross, press lunge, kick, R sailor step, cross.	
1 - 2	Make ¹ / ₄ turn right stepping left to left side (1), make ¹ / ₂ turn right stepping right to right side (2) 6.00
3 - 4	Cross left over right (3), press ball of right foot out to right side lunging into bent right knee (4) 6.00
5	Push off right and kick it to right diagonal (5) 6.00
6 & 7	Cross right behind left (6), step left next to right (&), step right to right side (7) SAILOR 6.00
8	Cross left over right bending both knees (8) (Angle body to 7.30 (right diagonal)) 7.30
(25 – 32) Step back, cross, step back, ball cross, side, kick, touch, hitch.	
1	(Body remains angled to right diagonal) Step back on right straightening knees & pushing hips back (1) 7.30
2	(Body remains angled to right diagonal) Cross left over right, bending both knees (2) 7.30
3	(Body remains angled to right diagonal) Step back on right straightening knees & pushing hips back (3) 7.30
& 4	Step left to left side (&) (squaring body up to 6.00), cross right over left (4) 6.00
5 - 6	Step left to left side (5), kick right across left to left diagonal (6) (angle body to 4.30 (left diagonal) 4.30
7 - 8	(Body remains angled to left diagonal), Touch right toe back (7), hitch right knee (8) 4.30
Arms: As an option for the push backs: Drop R arm to R side on count 8 of 17-24, bend R elbow & R thumb comes up by ear (as if hitch a ride)on	
count 1 Drop R arm to R side on count 2, hand R albow as R thumb comes up by ear (as if hitch a ride)on count 3	
Drop R arm to R side on count 2, bend R elbow as R thumb comes up by ear (as if hitch a ride)on count 3	

START AGAIN, HAVE FUN!





Wand: 2