

Know The Way

Count: 32

Wand: 4

Ebene: Improver Latin Cha Cha

Choreograf/in: John Ng (SG) - August 2008

Musik: The Way - Circle : (Album: Latin Illusions 5)



Intro: 64 counts from start of track
(Feel free to use Cuban hips for styling)

STEP, FORWARD MAMBO, L COASTER, STEP, ½ R, ¼ R CHASSE

- 1 Step forward on left
- 2&3 Rock forward on right, recover onto left, step back on right
- 4&5 Step back on left, close right beside left, step forward on left
- 6-7 Step forward on right, ½ turn right step back on left
- 8&1 ¼ turn right step right to right, close left beside right, step right to right

CROSS ROCK SIDE, CROSS SHUFFLE, SIDE CLOSE, L CHASSE

- 2&3 Cross rock left over right, recover onto right, step left to left
- 4&5 Cross right over left, step left to left, cross right over left
- 6-7 Step left to left, close right beside left
- 8&1 Step left to left, close right beside left, step left to left

BACK ROCK, DIAGONAL KICK STEP TOUCH, DIAGONAL KICK STEP TOUCH, HEEL TWIST LEFT WITH ½ TURN RIGHT

- 2-3 Rock right behind left, recover onto left
- 4&5 Kick right to right diagonal, step right to right, touch left behind right
- 6&7 Kick left to left diagonal, step left to left, touch right behind left
- 8&1 Twist heels left, twist heels right, twist heels left making ½ right (weight on left)

BACK ROCK, STEP, ½ R, STEP, PUSH AND RELAX, FORWARD SHUFFLE

- 2-3 Rock back on right, recover onto left
- 4&5 Step forward on right, ½ turn right step back on left, step back on right (note: left toe should be pointing forward)
- 6-7 Keeping weight on right, push left hip forward and then bring hips back to center
- 8& Step forward on left, lock right behind left

REPEAT

TAG

After wall 4, facing 12 o'clock, do the following 4 counts.

- 1 Step forward on left
- 2&3 Rock forward on right, recover onto left, step back on right
- 4& Step back on left, close right beside left

ENDING

After wall 8, facing 12 o'clock, you will end the dance with the first 5 counts of the dance.

- 1 Step forward on left
- 2&3 Rock forward on right, recover onto left, step back on right
- 4&5 Step back on left, close right beside left, step forward on left