Listen Good

Count: 64

Ebene: Intermediate

Choreograf/in: Dave Munro (UK) - September 2008

Musik: Listen to Your Senses - Alan Jackson : (Album: Good Time)

Intro:-32 Counts. R Cross Toe strut, L Side Toe strut, R Behind/Together/Heel/Together. Step Right toes across Left, Drop Right heel, Step Left toes to left, Drop Left heel. 1-4 5-8 Step Right behind Left, Step Left beside Right, Touch Right heel fwd, Step Right beside Left. (12:00)L Cross Heel strut, R Side Heel strut, L Behind/Together/Heel/Together (Quarter turn). 1-4 Step Left heel across Right, Drop Left toes, Step Right heel to right, Drop Right toes. 5-8 Step Left behind Right, Quarter turn left stepping Right beside Left, Touch Left heel fwd, Step Left beside Right. (9:00) Forward Toe struts R&L, R Cross, L Flick, L Step back, R Flick Kick. 1-4 Step Right toes fwd, Drop Right heel, Step Left toes fwd, Drop Left heel. 5-8 Step Right across Left, Flick Left behind Right, Step Left back, Kick Right forward. (9:00) R Back/Lock/Back (hold), L Coaster step (hold). Step Right back, Lock Left back across Right, Step Right back, Hold. 1-4 5-8 Step Left back, Step Right beside Left, Step Left forward, Hold. (9:00) R Mambo half turn (hold), L Step half pivot (hold). 1-4 Rock forward on Right, Recover back on Left, Half turn right step forward Right, Hold. 5-8 Step forward Left, Pivot half turn right (weight on Right), Step Left forward, Hold. (9:00) R Mambo, L Sweep, L Weave (hold). 1-4 Rock forward on Right, Recover back on Left, Step Right back, Sweep Left from front to back. 5-8 Step Left behind Right, Step Right to right, Step Left across Right, Hold. (9:00) R Heel Dig (hold), R Weave (hold), L Point (hold). Touch Right heel to fwd/right diagonal (Body angled to same diagonal), Hold. 1-2 3-6 (Square up to 9:00) Step Right behind Left, Step Left to left, Step Right across Left, Hold. 7-8 Point Left toes to Left, Hold. (9:00) L Coaster step (hold), R Mambo, L Together. Step Left back, Step Right beside Left, Step Left forward, Hold. 1-4 5-8 Rock forward on Right, Recover back on Left, Step Right back, Step Left beside Right. (9:00) Repeat from Beginning.

Optional Ending:- Dance up to count 4 of Section 6 during wall 7 (make quarter turn left whilst sweeping Left to face 12:00).

continue dancing through to Count 1-2 of Section 7 (R heel dig, Hold), end of dance.



Wand: 4