

# Learning How To Bend

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Gaye Teather (UK) - October 2008

Musik: Learning How to Bend - Gary Allan : (CD: Living Hard)



Start dancing on lyrics

## **Cross, Side Rock, Behind, Side, Cross Rock, ¼ Turn Right Shuffle Forward**

- 1-3 Cross left over right, rock right to side, recover onto left
- 4-5 Cross right behind left, step left to side
- 6-7 Cross rock right over left, recover onto left
- 8&1 Turn ¼ right and step right forward, step left together, step right forward (facing 3:00)

**Emphasize the side rock on step 2 to coincide with the words "fly" and "bend" throughout the song**

## **Step, Pivot ½ Turn Right, Step, Full Turn Left, Step, Pivot ¼ Turn Left**

- 2-4 Step left forward, turn ½ right (weight to right), step left forward
- 5-6 Turn ½ left and step right back, turn ½ left and step left forward
- 7-8 Step right forward, turn ¼ left (weight to left, facing 6:00)

**Option: steps 5-6 above can be replaced with 2 walks forward right, left**

## **Cross Rock, Chasse Right, Back Rock, ¼ Turn Left Shuffle**

- 1-2 Cross/rock right over left, recover onto left
- 3&4 Step right to side, step left together, step right to side
- 5-6 Rock left back, recover onto right
- 7&8 Turn ¼ left and step left forward, step right together, step left forward (facing 3:00)

## **Forward Rock, ½ Turn Right, Chasse Left, Back Rock, Kick-Ball-(Cross)**

- 1-3 Rock right forward, recover onto left, turn ½ right and step right forward (facing 9:00)
- 4&5 Step left to side, step right together, step left to side
- 6-7 Rock right back, recover onto left
- 8& Kick right forward, step right together

**Repeat**

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