One Of These Nights

Count: 32

Ebene: Beginner

Choreograf/in: Amy Christian (USA) - February 2009

Musik: One of These Nights - Eagles

There are fun, funky options for Intermediate dancers	
1-2 SI 3&4 L 5-6 SI	L Coaster, Step Fwd, Touch, L Coaster tep fwd on R foot(1), Touch L foot fwd, (lean back slightly, for styling)(2), Coaster step, tep fwd on R foot(5), Touch L fwd, (lean back slightly, for styling)(6), Coaster step,
1-2 Si 3&4 Si 5-6 Si	uffle Fwd, Step, Pivot ½, Shuffle Fwd tep fwd on R foot, Pivot ½ turn left stepping L foot fwd, tep fwd on R foot, Step L next to L, Step fwd on R foot, tep fwd on L foot, Pivot ½ turn right stepping R foot, tep L foot fwd, Step R foot next to L, Step fwd on L foot,
1-2 Si 3&4 Si 5-6 Si	hasse, Cross Rock, ¼ Turn Shuffle tep R foot to right side, Step L foot next to R foot, tep R foot to right side, Step L foot next to R foot, Step R foot to right side, tep L foot across R foot, Recover on R foot, a Turn left stepping L foot fwd, Step R foot next to L foot, Step L foot forward,
fo	ut, Out, In, In tep R foot to right side(1), Step L foot to left side(2), Step R foot in(3), Step L foot next to R hot(4), o right side(1), Step L foot to left side(2), Step R foot in(3), Step L foot next to R foot(4),
Start Again	
* FUNKY - FUN OPTIONAL STEPS - for the last 4 counts of the dance. Replace counts	
*5-8 with these steps. These steps will hit the beat perfectly.	
&5 St	f Walls 2, 5 and 8, - (Part B) - OUT, OUT, LOOK RIGHT, HOLD, tep R foot to R side(&), Step L foot to L side(5), ook Right and Hold.
 *2) For the END of Walls 3 and 6, - (Part C) – Syncopated OUT, OUT, IN, IN, FWD BODY ROLL or HIP ROLL (This part can also be used at the Intro.) 5&6& Step R foot to R side(5), Step L foot to L side(&), Step R foot in(6), Step L foot next to R foot(&), 	

7-8 Fwd Body Roll or CCW Hip Roll.

Sequence: The original steps will be called A. (Use Part C for Intro) A,B,C. A,B,C, A,B, A,A,A,A,A.





Wand: 4