I Can Boogie!



Count: 64 Wand: 4 Ebene: Intermediate

Choreograf/in: Steve Rutter (UK) & Claire Butterworth (UK) - April 2009

Musik: Yes Sir, I Can Boogie - Sophie Ellis-Bextor : (Album: I Won't Change You)



Music Suggestion: "Yes Sir, I Can Boogie" by Baccara (121 B.P.M) from "Baccara – The Collection" album (40 Count Intro').

Intro: 40 counts

Section 1-Step, Touch-Ball, Walk Forward, Forward Rock, Triple ¾ Turn Right.

1 Step forward on right.

2&3 Touch left toe beside right, place weight down onto left, step right forward.

4 Step forward on left.

5-6 Rock forward on right, recover weight back onto left.

7&8 Make a three-quarter turn right stepping on right, left, right. (9 o'clock)

Section 2-Step, Touch-Ball, Walk Forward, Forward Rock, Triple 1/2 Turn Left.

1 Step forward on left.

2&3 Touch right toe beside left, place weight down onto right, step left forward.

4 Step forward on right.

5-6 Rock forward on left, recover weight back onto right.

7&8 Make a half turn left stepping on left, right, left. (3 o'clock)

Section 3-Monterey ¼ Turn Right, Monterey ½ Turn Left, Dorothy Steps.

1-2 Touch right toe to right side, make a quarter turn right stepping right beside left.

3-4 Touch left toe to left side, make a half turn left stepping left beside right.

5-6 Step right forward towards right diagonal, lock left behind right.

& Step right forward towards right diagonal.

7-8 Step left forward towards left diagonal, lock right behind left.

& Step left forward towards left diagonal. (12 o'clock)

Section 4-Forward Rock, Triple Full Turn Right, Jazz Box With Toe Touch.

1-2 Rock forward on right, recover weight back onto left.
3&4 Make a full turn right stepping on right, left, right.

5-6 Cross left over right, step back on right.

7-8 Step left to left side, touch right toe beside left. (12 o'clock)

Section 5-Stomp, Hold, (Ball-Cross, Toe Touch) x2, Ball-Cross, Unwind ½ Turn Left.

1-2 Stomp right to right side, hold.

&3 Close left beside right, cross right over left.

4 Touch left toe to left side.

&5 Close left beside right, cross right over left.

6 Touch left toe to left side.

&7 Close left beside right, cross right over left.

8 Unwind a half turn left (weight on left). (6 o'clock)

Section 6-Cross, Hold, Ball-Cross, Toe Touches, Kick, (Jazz Jump Back) x2.

1-2 Cross right over left, hold.

&3 Step left to left side, cross right over left.

4 Touch left toe to left side.

&5 Close left beside right, touch right toe to right side.

Kick right forward, step back on right, step left shoulder width apart from right.

Step back on right, step left shoulder width apart from right (weight on left). (6 o'clock)

Section 7-Hip Bumps, Full Turn Rolling Vine, Toe Touch.

1-2 Bump hips right twice.3-4 Bump hips left twice.

5-6 Make a quarter turn right stepping forward on right, make a half turn left stepping back on left.
7-8 Make a quarter turn right stepping right to right side, touch left toe beside right. (6 o'clock)

Section 8- 1 1/4 Turn Rolling Vine, Toe Touch, Hip Walks.

1-2 Make a quarter turn left stepping forward on left, make a half turn left stepping back on right.

3-4 Make a half turn left stepping forward on left, touch right toe beside left. 5&6 Step forward on right bumping hips right, bump hips left, bump hips right.

7&8 Step forward on left bumping hips left, bump hips right, bump hips left. (3 o'clock)

Choreographer's Note: Special Thanks to Janis Budgen for suggesting the music to us.

Begin Again.