True Lies



Count: 48 Wand: 4 Ebene: Intermediate

Choreograf/in: Adrian Churm (UK) - June 2009

Musik: Is It True? - Yohanna: (CD: Eurovision Song Contest: Moscow 2009)



Start on vocals

S1. Side rock, recover x2, weave to right.

1	Right to	right side

2&3 Rock back and behind on left, recover forward onto right foot, left foot to the left side.
4&5 Rock back and behind on right, recover forward onto left foot, right foot to right side.

Left foot behind right, right foot to right side, left foot across right.

Right foot to right side, left foot behind right, right foot to right side.

S2. Cross rock, side cross, hold, double Crossovers ¼ turn left, Lock Back.

1-2	Rock left across	right recover	hack onto	right foot
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Step ball of left foot to the side, cross right in front of left, hold Step ball of left foot to the side, cross right in front of left.

&6-7 Step ball of left foot to the side, cross right in front of left, ¼ turn left left foot forward

8&1 Step right foot back, cross left in front of right, step right foot back.

S3. Rock recover ½ turn triple step on the spot(x2)

2-3 Rock back onto left, recover forward onto right foot.

4&5 Make a ½ turn shuffle around to the right stepping left, right, left,

6-7 Rock back on right, recover onto left,

8&1 Make a ½ turn shuffle around to the left stepping right, left, right.

S4. Rock, recover, full turn forward, rock, recover, lock step back

2-3 Rock back on left, recover forward onto right foot.

4&5 Full turn right moving forward Stepping left, right, left. (Easy option shuffle forward).

6-7 Rock forward onto right, recover back onto left foot

Right foot back, left crossed in front of right, right foot back.

S5. Lock step back, Coaster step, slow lock, diagonal lock step forward

2&3 Left foot steps back, right crossed in front of left, left foot back.

4&5 Right foot steps back, close left to right, right foot steps forward (side on restart)*.

6-7 Left foot steps forward, lock right behind left

To left diagonal left foot steps forward, lock right behind left, left foot steps forward.

S6. Two cross rocks to left then right diagonal, double cross rock.

2&3 Rock right across left (left diagonal) recover back onto left foot, right foot to the side (centre).
4&5 Rock left across right (right diagonal) recover back onto right, left foot to the side (centre).

6&7 Rock right across left, recover back onto left, rock right out to right side.

&8&1 Recover onto left, rock right across left, recover back onto left, rock right out to right side.

(The last step is the first step of the routine)

Restarts: On the 2nd and 4th repetition of the routine restart the dance again after counts "4&" in section 5 by taking the right foot to the side instead of forward's in the coaster step

Ending: On the 6th repetition replace count 8&1 of section 3 with a full triple turn left to face the front.