Sailing on The Seven Sea's

Ebene: Intermediate

Choreograf/in: Lauren Turner (UK) - March 2010

Musik: Sailing On the Seven Seas - Orchestral Manoeuvres In the Dark

32 count intro from 1st heavy beat (**1 restart)

- Section 1: Rock fwd Right over Left. Right chassis . Left ¼ pivot. Left cross shuffle
- 1-2 Rock forward Right over left.

Count: 64

- 3&4 Chassis to right, stepping right, left, right (make ¼ turn right on 4) 3oclock 5-6 Step forward on left make ¼ pivot right. Weight on right 6oclock
- 7&8 Cross shuffle Left, Right, left.

Section 2: Step to Right making ¾ turnover left, Right shuffle,Rock fwd, Left coaster step.

- 1-2 ¹/₄ turn left stepping back on right. ¹/₂ turn left stepping forward on left 9oclock
- 3&4 Shuffle forward- Right, left, right
- 5-6 Rock forward on left-weight on right
- 7&8 Step back on left, step back right next to left-step forward left.

**Wall 5- Section 2 on Counts 7&8 make - Coaster 1/4 Left Re-start from beginning of dance

Section 3: Step fwd Right 1/4turn Left. Right kick ball cross. Sway hips. Right chassis

- 1-2 Step forward on right make ¼ turn left. (Weight on left) 6 o clock
- 3&4 Kick right, step on right, cross step left over right
- 5-6 Small step to right Swaying hips right-left
- 7&8 Chassis to right stepping right, left, right

Section 4: Rock forward Left. Left Kick ball cross, Sway Hips. Left Chassis

- 1-2 Rock forward left over right. Weight back on right
- 3&4 Kick Left. Step on left, cross step right over left
- 5-6 Small step left, swaying hips left-right
- 7&8 Chassis to left stepping left, right, left

Section 5: Rock forward Right, triple 1/2turn. Rock forward Left.triple 3/4 turn left.

- 1-2 Rock forward right over left, weight back on left
- 3&4 Triple ¹/₂ turn right stepping right, left, right
- 5-6 Rock forward left over right, weight back on right
- 7&8 Triple 3/4 turn left stepping left, right left 3oclock

Section 6: Cross Rt over Lft. Right Sailor step. Cross Left. over Rt. Left sailor step

- 1-2 Cross Right over left, Step left to left side
- 3&4 Step behind on right, step on left. Step right to right side
- 5-6 Cross Left over right, step right to right side
- 7&8 Step behind on left, step on right. Step left to left side

Section 7: Rock fwd. Right shuffle back. Rock back on Left. Left shuffle forward.

- 1-2 Rock forward on right. Left in place
- 3&4 Right shuffle back-Right-left-right
- 5-6 Rock back on left. Right in place
- 7&8 Shuffle forward Left, right, left.

Section 8: Step Fwd on Rt/ ¼ pivot . Rt shuffle fwd. Step Fwd Lef t. 1/2turn. Left shuffle Fwd.

- 1-2 Step forward on right make ¹/₄ turn left (weight on left)
- 3&4 Shuffle forward right, left, right





Wand: 2

5-6 Step forward on left, Make half turn right 6oclock

7&8 Shuffle forward on left, right, left.

Start again. Have fun!

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