JB's Contra Cracker

Ebene: Beginner / Improver Contra

Choreograf/in: Justine Brown (UK) - November 2010 Musik: Uptown Girl - Billy Joel oder: Uptown Girl - Westlife

Then any Christmas party song you have.

suggestions 'Ricky Tomlinson, Calm Down Christmas' 'I wish it could be Christmas everyday' 'Rockin around the Christmas tree'

The way it works...

Start by making two lines down the middle of the hall..

opposite your partner

Count: 40

Decide which line will be A-Team, and which B-Team. (ie: A-Team are the people on the right side of the hall) Turn round, so you are back-to-back with your partner (the first four counts are moving away from your partner towards the wall)

WALK FWD X3, KICK, WALK BACK X2, COASTER STEP

- 1-2 (walking away from your partner) Right Walk forward, Left Walk forward
- 3-4 Right Walk forward, Kick Left
- 5-6 Left Walk Back, Right Walk Back
- 7&8 Left Step back, Right Step Beside left, Left Step forward

STEP FWD, HOLD & CLAP, PIVOT 1/2, HOLD & CLAP, HEEL SWITCHES (R&L&R) HOLD

- 9 10 Right Step forward, Hold & Clap
- 11-12 Pivot 1/2 Turn left, Hold & Clap
- 13&14 Touch Right Heel forward, & Right step in place, Touch Left Heel forward,
- Left Step in place, Touch Right Heel forward, Hold & Clap &15-16 &

WALK FWD X3, STOMP & CLAP, SLAP LEGS, CLAP, SLAP LEGS, CLAP

- 17-18 (Walk towards your partner), Right Walk forward, Left Walk forward
- 19-20 Right Walk forward, Stomp Left beside right and Clap
- 21-22 Slap your legs with both hands, Clap your Right hand to your partners Right hand
- 23-24 Slap your legs with both hands, Clap your Left hand to partners Left hand

R STEP SIDE. TOGETHER. STEP SIDE. CLAP. L STEP SIDE. TOGETHER. STEP SIDE. CLAP

- 25-26 Right Step to right side, Left Step beside right
- 27-28 Right Step to right side, Touch left beside clapping hands with the person in front
- 29-30 Left Step to left side, Right Step beside left
- Left Step to left side, Touch Right beside left clapping hands with the person in front 31-32

STEP SIDE, TOGETHER, STEP BACK, TOGETHER, WALK FORWARD (CHANGING SIDES)

- 33-34 Right Step to right side, Left Step beside right, (A-Team hold hands with person next to you)
- 35-36 Right Step Back, Left Step beside right
- 37-38 Right Walk forward, Left Walk forward (Lift arms for B-Team to pass under)
- Right Walk forward, Left Walk forward 39-40

START AGAIN

The tricky bit:

During counts 33-36, the A-Team holds hands with the person beside them, and raise their arms The B-Team passes under the arch as you all walk forward during counts 37-40.

On the next wall it's the B-Team who holds hands while A-Team passes under...

Sounds complicated but it makes sense once your all lined up.. Each side taking turns to hold hands and





Wand: 2

make the arch.