Rolling Start



Count: 32 Wand: 2 Ebene: Beginner

Choreograf/in: Maureen Bullock (UK) - April 2011

Musik: Rolling in the Deep - Adele



1-2 Walk forward RT LF. (Funky with attitude)

3&4 RT shuffle, step forward RT, close LF to RT, step forward RT

5-6 Step forward LF turning ½ to RT, replace weight to RT

7-8 Walk forward LF RT. (funky with attitude)

[9-16] LF FWD SHUFFLE, WALK X2, 1/2 PIVOT L, WALK X2

1&2 LF shuffle, step forward LF, close RT to LF, step forward LF

3-4 Walk forward RT LF (funky with attitude)

5-6 Step forward RT turning ½ to LF, replace weight to LF

7-8 Walk forward RT LF (funky with attitude)

[17-24] POINT RT TOE L DIAGONAL, POINT BACK, FWD, HITCH SIDE STEP TO HOME WALL. REPEAT LF TO RT DIAGONAL.

1-3 Point RT toe across to LF diagonal, touch RT toe back, touch RT toe across to LF diagonal.

&4 Hitch RT knee up and step side small step RT to face home wall

5-7 Repeat above with LF to RT diagonal

&8 Hitch LF knee up and step side small step LF to face home wall

All with funky styling

[25-32] CROSS ROCK 1/4 TURN RT, 1/4 PIVOT RT, CROSS SIDE, LONG STEP BACK & DRAG.

1&2 Cross rock RT over LF, recover weight LF, turn ¼ RT step fwd RT

3-4 Step forward LF turning ½ pivot to RT replace weight to RT

5-8 Cross LF over RT, step to side RT, Step Long step back LF, drag RT to LF without weight.

Start Again.

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